Save A Horse



拍数: 32 墙数: 2 级数: Intermediate

编舞者: Heidi Angelika Scott (NOR)

音乐: Save a Horse (Ride a Cowboy) - Big & Rich



ROCK, RECOVER, RIGHT COASTER STEP, ½ PIVOT RIGHT, ¼ HEEL BOUNCE TURN RIGHT

1-2 Rock forward on right, recover on left

3&4 Right coaster step

5-6 Step forward on left, pivot ½ turn right

7&8 Step forward on left, turn 1/4 turn right with 2 heel bounces

SYNCOPATED JUMPS FORWARD & BACK, HEEL JACK LEFT WITH HOLD, HEEL JACK RIGHT

&1 Jump forward with right, left (syncopated) hands; hold reins as if riding

&2 Jump back with right, left &3 Jump forward with right, left &4 Jump forward with RIGHT, LEFT

&5-6 Left heel jack (step back on right foot, touch left heel forward on left diagonal), hold styling;

nod head and put left hand on brim of the hat

&7 Step left foot back in center, step right to close

88 Right heel jack (step back on left foot, touch right heel forward on diagonal)

REPLACE, TOUCH BACK. ½ TURN LEFT, KICK BALL STEP FORWARD, ¼ TURN LEFT & RIGHT, ¼ TURN LEFT KICK BALL STEP

&1 Replace right in center, step left back

2

3&4 Left kick ball step forward (touch left heel forward, step in center, step forward on right) 5-6 Twist body ¼ turn to the left and back to center (put left hand on hat brim as you twist)

7&8 1/4 turn left kick ball step (weight on both feet, shoulder widths apart)

LEFT APPLE JACK, RIGHT APPLE JACK, RIGHT & LEFT HEEL SWITCHES, RIGHT TOUCH TO RIGHT, HOLD, REPLACE, LEFT TOUCH TO LEFT, HOLD, REPLACE

&1 Left apple jack (with weight on left heel and right toe swivel to the left, back to center) &2 Right apple jack (with weight on right heel and left toe swivel to the right, back to center)

3&4& Right heel switch, replace, left heel switch, replace

5-6& Tap right toe to the right twice, replace in center (left hand on hat brim) 7-8& Tap left toe to the left twice, replace in center (right hand on hat brim)

REPEAT

TAG

7-8

Use tag after wall 2, 4 and 8 (after each refrain). After wall 8 do the tag 3 times to finish the dance V-STEP, STEP IN-IN WITH SHOOT SHOOT, STEP IN-IN WITH BLOW BLOW

1-2 Step right out on right diagonal, step left out on left diagonal

3-4 Step right in center, step left in center

5-6 Step right to the right and shoot to the right, step left to the left and shoot to the left

Step right in center and blow on right revolver, step left in center and blow on left revolver On the 3rd of these last 3 tags do: V-step, step right out and shoot to the right, step left out and shoot to the

left, hold feet and bring both hands in and blow on them