

Saturday Night Fever

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 4 级数: Intermediate
编舞者: Gordon Timms (UK)
音乐: Night Fever - Bee Gees



Sequence: A, B(1-24), BABA, B(1-24), BA, B until the end
From 16 counts in you can start doing the arms and hip actions. Start the dance on the vocals

PART A

SKATE FORWARD TWICE, FORWARD SHUFFLE, SKATE FORWARD TWICE, FORWARD SHUFFLE

1-2 Skate forward on the right foot, skate forward on the left foot
3&4 Right forward shuffle, right, left, right
5-6 Skate forward on the left foot, skate forward on the right foot
7&8 Left forward shuffle, left, right, left

Faces 12:00

ROCK AND RECOVER, TURN ¾ RIGHT TRIPLE STEP, ROCK AND RECOVER, ¼ TURN SAILOR STEP

1-2 Rock forward on the right foot, recover back on to left
3&4 Turn three-quarters right with a triple step (in situ), right, left, right
5-6 Rock forward on the left foot, recover back on to right
7&8 Turn quarter turn left with a sailor step (turning on the 2nd step)

Faces 6:00

SKATE FORWARD TWICE, FORWARD SHUFFLE, SKATE FORWARD TWICE, FORWARD SHUFFLE

1-2 Skate forward on the right foot, skate forward on the left foot
3&4 Right forward shuffle, right, left, right
5-6 Skate forward on the left foot, skate forward on the right foot
7&8 Left forward shuffle, left, right, left

Faces 6:00

ROCK AND RECOVER, TURN ¾ RIGHT TRIPLE STEP, ROCK AND RECOVER, ¼ TURN SAILOR STEP

1-2 Rock forward on the right foot, recover back on to left
3&4 Turn three-quarters right with a triple step (in situ), right, left, right
5-6 Rock forward on the left foot, recover back on to right
7&8 Turn quarter turn left with a sailor step (turning on the 2nd step)

Faces 12:00

PART B

TWO 'SWAGGER' WALKS, MAMBO FORWARD, MAMBO BACK, STEP PIVOT HALF TURN

1-2 Two swagger walks forward (a la Travolta) walking right and left
3&4 Rock forward on right and recover on to left, step right next to left (mambo step)
5&6 Rock back on left and recover on to right, step left next to right, (mambo step)
7-8 Step forward on right, pivot half turn left (weight on left)

Faces 6:00

ROCK AND RECOVER, CROSSING RIGHT SHUFFLE, QUARTER TURN TWICE, CROSS ROCK - RECOVER

1-2 Rock right to right side recover weight on to left
3&4 Cross right over left, step small step to left side, cross right over left, (crossing shuffle) right, left, right
5-6 Turn quarter turn right stepping left back, turn quarter turn right stepping right to right side
7&8 Cross rock left over right, recover on to right, step left to left side, (weight on left)

Faces 12:00

SAILOR STEP, SAILOR STEP WITH QUARTER TURN, PIVOT STEP AND HOOK, LEFT SHUFFLE

1&2 Right sailor step (in situ) right, left, right

3&4 Turn quarter turn left with a sailor step (turning on the 2nd step,)

5-6 Step forward on right, make a half turn left on the ball of foot (5) hook left across right (6)

7&8 Forward left shuffle, left, right, left

Faces 3:00

Dance restarts are always after this point here

STEP, TOUCH, STEP TOGETHER FORWARD, TWO 'SWAGGER WALKS', STEP BALL SWIVEL

1-2 Step forward on right foot, touch left toe behind right heel

&3-4 Step back on to left, step right next to left, step left forward

5-6 Two swagger walks forward, (a la Travolta) walking right and left

7-8 Step forward on right, pivot half turn left on the balls of both feet, weight ends on left

Faces 9:00

REPEAT
