Satisfy Me



编舞者: Nancy Morgan (USA)

音乐: A Little Less Conversation (Radio Edit Remix) - Elvis Presley



KICK-BACK-TOUCH, LOOK BACK AND FORWARD, WALK, WALK, STEP OUT-OUT-IN-IN

1&2 Kick right foot forward, step back on right, touch left toes forward

3-4 Snap head from back to front5-6 Walk forward - right, left

&7&8 Stepping out shoulder width apart, step out right-left, then back together right-left

HEEL AND HEEL AND 1/4 TURN, HOP FORWARD, KNEE DROP, HOP FORWARD, KNEE DROP

1&2& Put right heel forward, put right next to left, put left heel forward, put left next to right

3-4 Step right foot forward, turn ½ turn to your left

&5-6 Hop forward left-right with left foot a ½ foot length in front of other foot, bend both knees so

that you drop slightly down

&7&8 As you come back up hop forward left-right with left foot a ½ foot length in front of other foot,

bend both knees so that you drop slightly down and up

SHUFFLE DIAGONALLY LEFT, SKATE, SKATE, SHUFFLE DIAGONALLY RIGHT, SKATE, SKATE 1/4 TURN

1&2 Shuffle left diagonally towards 10:00 - left, right, left

3-4 Skate right then left sliding feet on floor

5&6 Shuffle right diagonally towards 2:00 - right, left, right

7-8 Skate left then right turning turn to your right

ROCK FORWARD AND ½ TURN, KICK-BALL-CHANGE, TOUCH SIDE AND SIDE AND KICK-BALL-STEP FORWARD

Rock forward on left, back on right and forward on left as you turn ½ turn to your left Kick-ball-change (kick right forward, step right next to left as you lift your left and set left

down)

Touch right foot to right side, put right next to left as you touch your left to your left side, put

your left next to right as you

7&8 Kick-ball-step forward (kick right forward, step right next to left as you lift your left and step

forward on left)

REPEAT

TAG

At the end of wall 3 TWO ½ TURN PIVOTS

1-4 Stepping right forward, ½ turn to left, step right forward, ½ turn to left

TAG

At the end of wall 10

TWO ½ TURN PIVOTS. TWO KICK BALL CHANGES

1-4 Stepping right forward, ½ turn to left, step right forward, ½ turn to left

5&6-7&8 Two kick ball changes

RESTART

On the 7th wall, drop last 4 counts