# Satisfaction

拍数: 32

级数: Intermediate

编舞者: Tom Mickers (NL)

**音乐:** Music - Madonna

### SLIDE BALL CHANGE (RIGHT), SLIDE BALL CHANGE (LEFT)

墙数: 2

- 1&2 Right foot big step to the right side, left foot step behind right foot, right foot step in place
- 3&4 Left foot big step to the left side, right foot step behind left foot, left foot step in place

### SLIDE LOCKSTEP (FORWARD), SLIDE LOCKSTEP (FORWARD)

- 5&6 Right foot big step forward, left foot lock behind right foot, right foot step in place
- 7&8 Left foot big step forward, right foot lock behind left foot, left foot step in place

#### KICK BALL CHANGE, KICK BALL CHANGE (TRAVELING LEFT)

- 9&10 Right foot kick to the right side, right foot step beside left foot (knee's slightly bent), left foot step in place (knee's slightly bent)
- 11&12 Right foot kick to right side (extend left leg), right foot step beside left foot (knee's slightly bent), left foot step in place (knee's slightly bent)

#### CROSS RIGHT OVER LEFT UNWIND ¾ TURN, COASTER STEP (WEIGHT ON LEFT FOOT)

- 13-14Right foot cross over left foot, unwind ¾ turn (to the left) while sweeping left leg to the back15&16Left foot step back, right foot step in place, left foot step forward (weight on left bent leg)
  - shoulders 1/4 turn to right side

#### SHOULDER ISOLATIONS, FOOT BACK TOGETHER, TWIST TURN (TO THE LEFT)

- 17& Shoulder isolation to left side, shoulders back in place
- 18& Shoulders isolation to left side, shoulders back in place
- 19& Left foot back beside right foot (bent knees), upper body twist <sup>1</sup>/<sub>2</sub> turn (to the left)
- 20 Lower body twist ½ turn (to the left)(straighten knees, stand on balls of feet)

# AND WALK, WALK, KICK WEIGHT CHANGE (¼ TURN TO THE LEFT)

- & Left foot small step forward
- 21-22 Right foot step forward, left foot step forward (this is a funky walk)
- 23 Kick right foot to the side while making a ¼ turn (to the left)
- & Right foot touch left side (weight is on right left)
- 24 Bend right leg and put full weight on it (looks like sitting)

# STEP (¼), ½ TURN (KNEE PUSH), CROSS RIGHT FOOT OVER, KICK LEFT FOOT

- 25 Left foot step forward while making ¼ turn to the left
- 26 1/2 turn to the left on left foot while pushing inside right knee with right arm
- 27 Right foot cross over left foot, cross fists in frond left over right (hip height)
- 28 Left foot kick left, plie right leg, pull hands out to the side (left extended right bend)

# CROSS OVER, BESIDE, PRESS ON BALL OF LEFT FOOT, TOUCH RIGHT TOE IN LEFT KNEE (¼ TURN)

- 29 Left foot cross over right foot (left arm on right shoulder, right arm on left wrist)
- 30 Right foot step to right side (left arm left shoulder, right arm straight down)
- 31 Left leg bend and press down on ball of left foot (push left arm up)
- 32 Right foot touch in left bent knee while making a ¼ turn (left arm on right shoulder, right arm on left wrist, make position small by contracting upper body)

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