

Saranac Swing (P)

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 0 级数: Partner
编舞者: Dan Albro (USA)
音乐: Bad Things - Jace Everett



Position: Two hand hold, Man facing OLOD, Lady facing ILOD. Lady's footwork opposite except where noted

TRIPLE, TRIPLE, ROCK, STEP, ¼ TURN STEP, KICK BALL STEP

1&2-3&4 Step side left, step right next to left, step side left, step side right, step left next right, step side right

5-6-7 Rock back on left, replace weight on right, ¼ left stepping forward on left (LOD)

8&1 Kick right forward, step on the ball of right next to left, step forward left

On count 7 release LOD hands

2 STEPS FORWARD, KICK, STEP ¼, TOUCH, STEP ¼, STEP

2-6 Walk forward right, left, kick right forward, turn ¼ right step side right (OLOD), touch left next to right

Rejoin hands on count 5

LADY: ¾ TURN CHANGING SIDES, STEP ½ PIVOT, STEP, HOLD / MAN: ¼ TURN, WALK, WALK, TOUCH, STEP ½ PIVOT, STEP, HOLD

1-4 **MAN:** ¼ Turn left stepping forward on left, small step forward right, small step forward left, touch right

LADY: Step angle forward right turning ¼ right (LOD), step forward left, lady pivot ½ right weighting right, step forward left

5-8 **BOTH:** Step forward right, pivot ½ left weighting left, step forward right, hold

On count 1 release RLOD hands, on count 4 rejoin hands in front of man (man's left hand on lady's right hip, lady's left arm extended in front of man) left shoulder to left shoulder. On count 8 end with man's hand on lady's left hip

STEP, ½ PIVOT, STEP, HOLD, ¼ TURN, ¼ TURN, ¼ TURN, HOLD

1-4 Both step forward left, pivot ½ right weighting right, step forward left, hold

5-6 ¼ turn left stepping on right keeping left shoulder to left shoulder (ILOD), hold

7-8 Both ¼ turn left stepping forward right, hold, turn ¼ left stepping forward left, hold

9-10 **MAN:** ¼ Turn left to original position stepping right next to left, hold

Lady ¼ turn left to original position touching right toe next to left, hold

REPEAT