

San Diego Sandstorm

COPPER KNOB
STEPPERS

拍数: 120 墙数: 1 级数: Advanced
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音乐: Sandstorm - Darude



HEEL HOOK-ANGLE SHUFFLE, HEEL HOOK-ANGLE SHUFFLE

- 1 Cross hook right in front of left foot
- 2 Kick right slightly forward
- 3&4 Shuffle forward towards 1:00 stepping (right-left-right)
- 5 Cross hook left in front of right foot
- 6 Kick left slightly forward
- 7&8 Shuffle forward towards 11:00 stepping (left-right-left)

½ JAZZ BOX WITH SHUFFLE, ½ JAZZ BOX WITH SHUFFLE

- 9 Cross step right in front of left foot
- 10 Step left backward
- 11&12 Shuffle slightly to right stepping (right-left-right)
- 13 Cross step left in front of right foot
- 14 Step right backward
- 15&16 Shuffle slightly to left stepping (left-right-left)

You will be moving slightly back on these 8 counts

½ PIVOT TURNS (LEFT), SIDE SHUFFLE (RIGHT), BACK ROCK-RECOVER

- 17 Step right forward
- 18 On (balls of) both feet, pivot ½ turn left
- 19 Step right forward
- 20 On (balls of) both feet, pivot ½ turn left
- 21&22 Shuffle right stepping (right-left-right)
- 23 Cross step (rock) left behind right foot, slightly lifting right foot off floor
- 24 Lower right foot back to floor

½ PIVOT TURNS (RIGHT), SIDE SHUFFLE (LEFT), BACK ROCK-RECOVER

- 25 Step left forward
- 26 On (balls of) both feet, pivot ½ turn right
- 27 Step left forward
- 28 On (balls of) both feet, pivot ½ turn right
- 29&30 Shuffle left stepping (left-right-left)
- 31 Step (rock) right behind left foot, slightly lifting left foot off floor
- 32 Lower left foot back to floor

(3) RIGHT KICK-BALL JUMPS, SIDE STEP, SLIDE TOGETHER

- 33 Kick right slightly forward
- &34 Touch ball of right foot out to side, step left together
- 35 Kick right slightly forward
- &36 Touch ball of right foot out to side, step left together
- 37 Kick right slightly forward
- &38 Touch ball of right foot out to side, step left together
- 39 Step right to side (take slightly bigger step than normal)
- 40 Slide left together (end in a touch)

(3) LEFT KICK-BALL JUMPS. SIDE STEP, SLIDE TOGETHER

- 41 Kick left slightly forward
- &42 Touch ball of left foot out to side, step right together
- 43 Kick left slightly forward
- &44 Touch ball of left foot out to side, step right together
- 45 Kick left slightly forward
- &46 Touch ball of left foot out to side, step right together
- 47 Step left to side (take slightly bigger step than normal)
- 48 Slide right together (end in a touch)

(RIGHT) FORWARD ROCK-RECOVER, COASTER STEP, (LEFT) FORWARD ROCK-RECOVER, COASTER STEP

- 49 Step (rock) right forward, slightly lifting left off floor
- 50 Step left back to floor (recover)
- 51 Step right back on ball of foot
- &52 Step left together on ball of foot, step right forward
- 53 Step (rock) left forward, slightly lifting right off floor
- 54 Step right back to floor (recover)
- 55 Step left back on ball of foot
- &56 Step right together on ball of foot, step left forward

(RIGHT) SIDE ROCK-RECOVER, SYNC. WEAVE (LEFT), (LEFT) SIDE ROCK-RECOVER, SYNC WEAVE (RIGHT) WITH ¼ TURN (RIGHT)

- 57 Step (rock) right out to side, slightly lifting left off floor
- 58 Step left back to floor (recover)
- 59 Cross step right behind left foot
- &60 Small step left to side, cross step right over left
- 61 Step (rock) left out to side, slightly lifting right off floor
- 62 Step right back to floor (recover)
- 63 Cross step left behind right foot
- &64 Turn ¼ turn right, step right forward, step left forward

FORWARD ROCK-RECOVER, ½ SHUFFLE TURN (RIGHT), FORWARD ROCK-RECOVER, SHUFFLE BACK

- 65 Step (rock) right forward, slightly lifting left off floor
- 66 Step left back to floor (recover)
- 67&68 Shuffle ½ turn right, stepping (right-left-right)
- 69 Step (rock) left forward, slightly lifting right off floor
- 70 Step right back to floor (recover)
- 71&72 Shuffle backward stepping (left-right-left)

½ REVERSE TURN (RIGHT), SHUFFLE FORWARD, STEP FORWARD, ½ PIVOT TURN (LEFT), STEP FORWARD, TOUCH TOGETHER

- 73 Touch right toe backward
- 74 Pivot on (balls of) both feet, ½ turn right, stepping down on right
- 75&76 Shuffle forward stepping (left-right-left)
- 77 Step right forward
- 78 On (balls of) both feet, pivot ½ turn left
- 79 Step right forward
- 80 Touch left together

½ REVERSE TURN (LEFT), SHUFFLE FORWARD, STEP FORWARD, ½ PIVOT TURN (RIGHT), STEP FORWARD, TOUCH TOGETHER

- 81 Touch left toe backward
- 82 Pivot on (balls of) both feet, ½ turn left, stepping down on left

- 83&84 Shuffle forward stepping (right-left-right)
- 85 Step left forward
- 86 On (balls of) both feet, pivot ½ turn right
- 87 Step left forward
- 88 Touch right together

SIDE SHUFFLE (RIGHT) CROSS ROCK-RECOVER, SIDE SHUFFLE (LEFT) CROSS ROCK-RECOVER

- 89&90 Shuffle to right, stepping (right-left-right)
- 91 Cross (rock) left in front of right, slightly lifting right off floor
- 92 Step right back to floor (recover)
- 93&94 Shuffle to left, stepping (left-right-left)
- 95 Cross (rock) right in front of left, slightly lifting left off floor
- 96 Step left back to floor (recover)

¼ SHUFFLE TURN, STEP FORWARD, ½ PIVOT TURN (RIGHT), ½ SHUFFLE TURN (RIGHT), COASTER STEP

- 97&98 Turning ¼ turn right, shuffle forward, stepping (right-left-right)
- 99 Step left forward
- 100 On (balls of) both feet, pivot ½ turn right
- 101&102 Shuffle ½ turn right, stepping (left-right-left)
- 103 Step (rock) right backward, slightly lifting left off floor
- 104 Step left back to floor (recover)

ROLLING VINE (RIGHT), TOUCH TOGETHER, ROLLING VINE (LEFT) TOUCH TOGETHER

- 105 Turning ¼ turn right, step right forward
- 106 Turning ¼ turn right, step left to side
- 107 Turning ½ turn right, step right to side
- 108 Touch left together
- 109 Turning ¼ turn left, step left forward
- 110 Turning ¼ turn left, step right forward
- 111 Turning ½ turn left, step left to side
- 112 Touch right together

FORWARD ROCK-RECOVER, SHUFFLE BACK, BACK ROCK-RECOVER, STEP FORWARD, TOUCH TOGETHER

- 113 Step (rock) right forward, slightly lifting left off floor
- 114 Step left back to floor (recover)
- 115&116 Shuffle backward stepping (right-left-right)
- 117 Step (rock) left backward, slightly lifting right off floor
- 118 Step right back to floor (recover)
- 119 Step left forward
- 120 Touch right together

REPEAT

I know there are a lot of steps, but as you can see most of them are shuffle steps, give it a whirl and if you wish you can stop at count 64 thus making it a 4-wall dance
