

Samoa Soul

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Violet Ray (USA)
音乐: La'U Hani - Pacific Soul



FORWARD WITH SYNCOPATED HIP BUMPS

1&2 Step right forward bumping hips forward right, bump hips back left, bump hips forward right
3&4 Step left forward bumping hips forward left, bump hips back right, bump hips forward left
5&6 Step right forward bumping hips forward right, bump hips back left, bump hips forward right
7&8 Step left forward bumping hips forward left, bump hips back right, bump hips forward left

ROCK FORWARD, RECOVER, TAP, HOLD, ROCK FORWARD, RECOVER, TOGETHER, HOLD

1-2 Rock forward on right pushing hips forward right, recover weight on left
3-4 Tap right next to left, hold
5-6 Rock forward on right pushing hips forward right, recover weight on left
7-8 Step right next to left, hold

¼ PIVOT TURN (3X), FORWARD, HOLD

1-2 Step forward on left, pivot turn ¼ right ending with weight on right (3:00)
3-4 Step forward on left, pivot turn ¼ right ending with weight on right (6:00)
5-6 Step forward on left, pivot turn ¼ right ending with weight on right (9:00)
7-8 Step forward on left, hold

ROCK, RECOVER, BACK, HOLD, ROCK, RECOVER, FORWARD, HOLD

1-2 Rock forward on right, recover weight on left
3-4 Step back on right, hold
5-6 Rock back on left, recover weight on right
7-8 Step forward on left, hold

REPEAT
