

Samba De Brasil

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Disco Samba Part II - Hermes House Band



FORWARD-BEHIND-LOCK STEP, ¼ TURN-FORWARD-BEHIND-LOCK STEP

1-2 Step right diagonally forward right, lock left behind right
3&4 Step right diagonally forward right, lock left behind right, step right diagonally forward right
&5-6 ¼ turn left on ball of right, step left diagonally forward left, lock right behind left
7&8 Step left diagonally forward left, lock right behind left, step left diagonally forward left

FORWARD ROCK, BACK LOCK STEP, BACK ROCK, TRIPLE ½ TURN

1-2 Step forward on right, rock weight back onto left
3&4 Step back on right, lock left over right, step back on right
5-6 Step back on left, rock weight forward onto right
7&8 Triple ½ turn right stepping on left-right-left

BACK ROCK, SIDE-ROCK-CROSS, SIDE ROCK, CROSS SHUFFLE

1-2 Step back on right, rock weight forward onto left
3&4 Step right to right side, rock weight onto left, cross right over left
5-6 Step left to left side, rock weight onto right
7&8 Cross left over right, small step right to right, cross left over right

SIDE-TOGETHER, CHASSE ¼ TURN, STEP-½ TURN, MAMBO STEP

1-2 Step right to right side, step left next to right
3&4 Step right to right side, step left next to right, step forward right making ¼ turn right
5-6 Step forward on left, pivot ½ turn right
7&8 Step forward on left, rock weight back onto right, step back on left

BACK ROCK, FORWARD ROCK, FORWARD-BEHIND, FORWARD- ¼ HITCH

1-2 Step back on right, rock weight forward onto left
3-4 Step forward on right, rock weight back onto left (use hips!)
5-6 Step forward on right, lock left behind right
7-8 Step forward on right, hitch left knee over right making ¼ turn right

CROSS-BACK-SIDE-CROSS, SIDE MAMBO TWICE

1-2 Cross left over right, step back on right
3-4 Step left to left side, cross right over left
5&6 Step left to left side, rock weight onto right, step left next to right
7&8 Step right to right side, rock weight onto left, step right next to left

WALK FORWARD TWICE, ¼ TURN SIDE-ROCK-CROSS, SIDE-TOGETHER, LOCK STEP FORWARD

1-2 Step forward on left, step forward on right
3&4 ¼ turn right stepping left to left side, rock weight onto right, cross left over right
5-6 Step right to right side, step left next to right
7&8 Step forward on right, lock left behind right, step forward on right

STEP-¼ TURN, CROSS SHUFFLE, SWAY, BACK ROCK

1-2 Step forward on left, pivot ¼ turn right
3&4 Cross left over right, small step right on right, cross left over right
5-6 Step right to right side swaying hips right, sway hips left

7-8

Step back on right, rock weight forward onto left (with hips)

REPEAT
