Salsa Latinno

拍数:80

级数: Intermediate

编舞者: Elle-Jay (UK)

音乐: Tres Deseos (Three Wishes) - Gloria Estefan

Begin after 1st 32 counts (with the trumpets)

SIDE ROCKS, FORWARD ROCK, BALL STEPS BACK, TOE TAPS & CLAPS

- 1 Rock right to right side (angle body 10:00)
- &2 Rock weight onto left in place, step right next to left
- 3 Rock left to left side (angle body 2:00)
- &4 Rock weight onto right in place, step left next to right
- 5& Rock forward right, step back on ball of left

Keep left behind right for counts 6-8

- 6& Step back right, step back on ball of left
- 7&8 Step back right, tap left toe behind right twice with two claps

TOUCH, ¼ TURN FLICK, FORWARD SHUFFLE, STEP, FLICK & SHUFFLE

- 9-10 Touch left to left side, ¼ right on right while flicking left back (look left)
- 11&12 Step forward left, close right beside left, step forward left
- 13-14 Step forward right, flick left back (while again looking over left shoulder)
- 15&16 Step forward left, close right beside left, step forward left

TOE POINT, FORWARD SHUFFLE, TOE POINTS ½ TURN LEFT & SHUFFLE

- 17-18 Touch right toe forward, touch right back
- 19&20 Step forward right, close left beside right, step forward right
- 21-22 Touch left toe forward, touch left toe back ½ turn left on ball of right
- 23&24 Step forward left, close right beside left, step forward left

HALF MONTEREY TURN, FULL MONTEREY TURN

- 25 Touch right toe to right side
- 26 On ball of left pivot ½ turn right & step right beside left
- 27-28 Touch left to left side, step left beside right
- 29 Touch right toe to right side
- 30 On ball of left pivot full turn right & step right beside left
- 31-32 Touch left to left side, step left beside right

TOE STRUTS, WALK FORWARD, MODIFIED DRUMMER BOY ARMS

- 33 Step right toe forward (raise right forearm parallel to floor head height with clenched fist)
- 34 Drop right heel to floor (lower arm)
- 35 Step left toe forward (repeat arm movements as count 33 with left arm)
- 36 Drop left heel to floor (lower arm)
- 37 Step forward right (repeat arm movements as count 33)
- 38 Step forward left, lower right arm as you raise left
- 39-40Repeat counts 37-38

BACK STEPS WITH HOLDS, CLAPS AND SHIMMIES

- 41 Step back right
- 42 Hold, two claps in front
- 43 Step back left
- 44 Hold, two claps behind





墙劉

墙数:4

45-48 Step back right, left, right, left, (shimmy through these counts)

JAZZ BOX, ROCK STEP, FULL TURN TRIPLE STEP

- 49-50 Cross right over left, step back with left
- 51-52 Step right to right side, close left beside right
- 53-54 Rock forward right, rock back left
- 55&56 Triple step right, left, right making a full turn right

CROSS BALL CHANGES TRAVELING RIGHT, HIP ROLLS

- 57& Cross left over right, step right to right and slightly back
- 58& Cross left over right, step right to right and slightly back
- 59& Cross left over right, step right to right and slightly back
- 60 Cross left over right
- 61-62 Step right to right side & and roll hips to the left
- 63&64 Roll hips to the left twice

CROSS BALL CHANGES TRAVELING LEFT, HIP ROLLS

- 65& Cross right over left, step left to left and slightly back
- 66& Cross right over left, step left to left and slightly back
- 67& Cross right over left, step left to left and slightly back
- 68 Cross right over left
- 69-70 Step left to left side & roll hips to the right
- 71&72 Roll hips to the right twice

FOUR TOUCH TURNS LEFT WITH ARM MOVEMENTS, COASTER STEPS

- 73& Touch right forward and pivot ¼ turn left
- 74&75&76& Repeat 73&, a further three times to complete a full turn

During counts 73-76&, circle arms above your head

- 77&78 Step forward right, step left beside right, step back on right
- 79&80 Step back left, step right beside left, step forward on left

For extra style when flicking back with left foot push both hands forward with palms forward

REPEAT