

Salsa Calienté

拍数: 72 墙数: 4 级数: Improver
编舞者: Whitney H. Bryant (USA)
音乐: Tu Cariñito - Puerto Rican Power



- 1-3 Basic steps (step left forward, transfer weight to right, step left back beside right)
4-6 Basic steps going back on right (step right back, transfer weight to left, step right beside left)
- 1-6 Repeat first 1-6 steps
- 1-3 Basic side steps (step left slightly left, transfer weight to right, step left beside right)
4-6 Basic side steps with right (step right slightly right, transfer weight to left, step right beside left)
- 1-6 Repeat last 1-6 steps
- 1-3 Turning right full turn right, step left, right, left (spinning slightly with each step until back to original wall)
4-6 Repeat basic steps going back on right in first 4-6
- 1-6 Repeat last 1-6 steps

"5TH POSITION BREAKS"

- 1-3 Stepping back with left and slightly at an angle to the left, transfer weight to right, step left beside right and turning back toward front
4-6 Stepping back with right and slightly at an angle to the right, transfer weight to left, step right beside left and turning back toward front
- 1-6 Repeat "5th position breaks" steps
- 1-3 Turning right full turn right, step left, right, left (spinning slightly with each step until back to original wall)
4-6 Repeat basic steps going back on right in first 4-6
- 1-6 Repeat last 6 steps
- 1-3 "Cross-body lead" $\frac{1}{2}$ turn to left (step left forward while spinning left, step right, step left
You should be facing the back wall $\frac{1}{2}$ turn around)
4-6 Repeat basic steps going back on right in first 4-6
- 1-3 "Cross-body lead" with $\frac{3}{4}$ turn left (facing new wall) stepping left while spinning left, step right, step left
4-6 Repeat basic steps going back on right in first 4-6 (optional claps)
Optional claps: during slight pause after 6, clap twice quickly but, stay on beat

REPEAT

This is a line dance choreographed from a freestyle couples dance with basic steps and turns. The line dance was written so single women or men without a partner could also enjoy "salsa" dancing. The rhythm is a little different and sometimes subtle. So listen closely, feel it, learn to use your hips and rib cage to move with the steps and the rhythm of "salsa" music. There is always a slight pause on the count 3 and 6.

Figure 8 action of the hips/ribcage or "Cuban hip motion" adds flavor and style to each movement!

