

Saloonatic

拍数: 56 墙数: 0 级数:
编舞者: Silke C. Henke (CAN)
音乐: Whose Bed Have Your Boots Been Under? - Shania Twain



HEEL STRUTS: HEEL STAND, JUMPING JACK ½ TURN: REPEAT:

- 1-2 Touch right heel forward, step down onto right foot
3-4 Touch left heel forward, step down onto left foot
5-6 Touch right heel forward, step down onto right foot
7-8 Touch left heel forward, step down onto left foot
9-10 Putting right heel on front diagonal, step onto the heel with all your weight, then step left heel onto left diagonal (i.e.. Your feet should be ½ foot apart, standing on your heels)
- 11-12 Bring right hoot home, bring left foot home
13 Jump and land with feet out to sides
14 Jump and land with right foot crossed in front of left foot
15 Unwind into ½ turn to left (leaving both feet on floor)
16 Clap hands
17-18 Putting right heel on front diagonal, step onto the heel with all your weight, then step left heel onto left diagonal (i.e.. Your feet should be ½ foot apart, standing on your heels)
- 19-20 Bring right hoot home, bring left foot home
21 Jump and land with feet out to sides
22 Jump and land with right foot crossed in front of left foot
23 Unwind into ½ turn to left (leaving both feet on floor)
24 Clap hands

STEP TOUCHES BACK WITH CLAPS: ½ PIVOT, ½ PIVOT, HIP BUMPS

- 25 Step back on right diagonal with right foot (body tilts right)
26 Touch left toe in to right and clap hands (body faces front)
27 Step back on left diagonal with left foot (body tilts left)
28 Touch right toe in to left and clap hands (body faces front)
29 Step back on right diagonal with right foot (body tilts right)
30 Touch left toe in to right and clap hands (body faces front)
31 Step back on left diagonal with left foot (body tilts left)
32 Touch right toe in to left and clap hands (body faces front)
33-34 Step forward right foot, ½ turn pivot to left
35-36 Step forward right foot, ½ turn pivot to left
37-38 Step forward slightly on right, bump right hip twice forward
39-40 Bump left hip back twice

HEEL STEPS WITH ¼ TURN, ¼ PIVOT WITH CLAPS, REPEAT

- 41-42 Touch right heel forward, step down onto right foot
43-44 Making a ¼ turn left touch left heel side, step down on left
45-46 Step forward on right foot, ¼ turn pivot to left and clap
47-48 Step forward on right foot, ¼ turn pivot to left and clap
49-50 Touch right heel forward, step down onto right foot
51-52 Making a ¼ turn left touch left heel side, step down on left
53-54 Step forward on right foot, ¼ turn pivot to left and clap
55-56 Step forward on right foot, ¼ turn pivot to left and clap

REPEAT
