

Sailor's Dream

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Hank Dahl (USA) & Mary Dahl (USA)
音乐: The Dance - Garth Brooks



SWAY RIGHT, LEFT; TRIPLE STEP RIGHT

1-2 Right step to side while swaying to right, left step in place while swaying to left
3&4 Shuffle to right (right-left-right)

SWAY LEFT, RIGHT; TRIPLE STEP LEFT

5-6 Left step to side while swaying to left, right step to side while swaying to right
7&8 Shuffle to left (left-right-left)

FOUR SAILOR SHUFFLES

9&10 Right cross behind left, left step to side, right step home
11&12 Left cross behind right, right step to side, left step home
13&14 Right cross behind left, left step to side, right step home
15&16 Left cross behind right, right step to side, left step home

STEP BACK RIGHT, ROCK FORWARD LEFT, ½ TURN SHUFFLE RIGHT-LEFT-RIGHT

17-18 Right step back, left rock forward
19&20 Shuffle forward right-left-right while making ½ turn to left

STEP BACK LEFT, ROCK FORWARD RIGHT, SHUFFLE FORWARD LEFT-RIGHT-LEFT

21-22 Left step back, right rock forward
23&24 Shuffle forward left-right-left

PIVOT ½ TURN LEFT, SHUFFLE FORWARD RIGHT-LEFT-RIGHT

25-26 Right step forward, pivot ½ turn left (weight on left)
27&28 Shuffle forward right-left-right

PIVOT ½ TURN RIGHT, ¼ TURN SHUFFLE LEFT-RIGHT-LEFT

29-30 Left step forward, pivot ½ turn right (weight on right)
31&32 Shuffle forward while making ¼ turn to right

REPEAT
