

Safety First

拍数: 32 墙数: 4 级数: Beginner
编舞者: William Sevone (UK)
音乐: Safe In the Arms of Love - Martina McBride



2X SIDE TOE STRUTS, CROSS ROCK, ROCK, ROCK STEP, SCUFF, (12:00)

- 1-2 Cross step right toe over left foot, drop right heel to floor
- 3-4 Step left toe to left side, drop left heel to floor
- 5-6 Cross rock right foot over left, rock onto left foot
- 7-8 Rock step onto right foot, scuff left foot forward

CROSS STEP, STEP BACKWARD, 2X DIAGONAL STEP BACK-TOUCH WITH EXPRESSION, DIAGONAL STEP BACKWARD, SCUFF FORWARD, (12:00)

- 9-10 Cross step left foot over right, step backward onto right foot
- 11-12 Step left diagonally backward left, touch right toe next to left foot & click fingers (both hands)
- 13-14 Step right diagonally backward right, touch left toe next to right foot & click fingers (both hands)
- 15-16 Step left foot diagonally backward left, scuff right foot forward

STEP FORWARD, FORWARD LOCKSTEP, TOUCH, STEP BACKWARD, BACKWARD LOCKSTEP, STEP BACKWARD, ¼ RIGHT SIDE STEP, (3:00)

- 17-18 Step forward onto right foot, lock left foot behind right
- 19-20 Step forward onto right foot, touch left toe next to right foot
- 21-22 Step backward onto left foot, lock right foot across front of left
- 23-24 Step backward onto left foot, turn ¼ right & step right foot to right side

WEAVE, ¼ RIGHT STEP FORWARD, RAISED HITCH, STEP BACKWARD, ¼ LEFT CROSS STEP, SIDE STEP, (3:00)

- 25-26 Cross step left foot over right, step right foot to right side
- 27-28 Cross step left foot behind right, turn ¼ right & step forward onto right foot
- 29-30 (Raising right heel off floor) hitch left knee, step backward onto left foot
- 31-32 Turn ¼ left & cross step right foot over left, step left foot to left side

REPEAT

DANCE FINISH

The dance will finish on count 16 of the 12th wall (facing 9:00). To finish dance facing the home wall replace count 16 with touch right toe behind left heel with head turned right and (optional) right hand on hat brim and left hand on left hip.