

Saddlesores

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Larry Bass (USA)
音乐: That Girl's Been Spyin' On Me - Billy Dean



SYNCOPATED HOP, HOLD, SYNCOPATED HOP, HOLD, RIGHT SHUFFLE FORWARD, STEP PIVOT

&1-2 Hop forward right foot, left foot; hold. (variation: clap.)
&3-4 Hop forward right foot, left foot; hold. (variation: clap.)
5&6 Right shuffle forward (right-left-right).
7-8 Step left foot forward; pivot ½ turn right onto right foot

STOMP, BALL, STOMP, BALL, STOMP, BALL, STOMP; STEP PIVOT, RIGHT SHUFFLE FORWARD

9& Stomp left foot forward, step ball of right foot to right.
10& Stomp left foot forward; step ball of right foot forward.
11& Stomp left foot forward; step ball of right foot to right.
12 Stomp left foot forward.

Variation for 9-12 footwork: three forward left, right quick-steps; step left foot forward.

13-14 Step right foot forward; pivot ½ turn left onto left foot.
15&16 Right shuffle forward (right-left-right)

ROCK STEP, COASTER STEP; STEP PIVOT TURN, TURN

17-18 Step left foot forward; rock back onto right foot
19&20 Step left foot back, step right foot back, step left foot forward
21-22 Step right foot forward; pivot ½ turn left onto left foot
23 (beginning full forward left turn.) Pivoting ½ turn left on ball of left foot, step right foot back
24 (completing full forward left turn.) Pivoting ½ turn left on ball of right foot, step left foot forward

FORWARD SYNCOPATED STEP-SLIDES; SIDE, BEHIND, LEFT ¼ TURN SHUFFLE

25& Step right foot forward; slide left foot beside right
26& Step right foot forward; slide left foot beside right
27& Step right foot forward; slide left foot beside right
28 Step right foot forward
29-30 Step left foot to left; cross right foot behind left
31&32 Left shuffle forward
29-32 Footwork. Rolling vine 1 ¼ turn left.

REPEAT