

Sacrifice

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Pauline Mason (UK)
音乐: Sacrifice - Elton John



TOUCH, RIGHT LOCK STEP, SWEEP TURN ½ TO RIGHT, LEFT LOCK STEP, SWEEP TURN ½ TO LEFT, TRIPLE ¾ LEFT

1 Touch right over left
2-4 Step right forward, cross left behind right, step right forward
5 Turn ½ right and sweep left back to front
6-8 Step left forward, cross right behind left, step left forward
9 Turn ½ left and sweep right back to front
10-12 Triple in place turning ¾ left and step right, left, right
13 Hold

OPEN ROCKS TWICE

14-15 Step left back, turn ¼ left and step right forward
16-17 Step left together, turn ¼ right
18-19 Step right back, turn ¼ right and step left forward
20-21 Step right together, turn ¼ left

ROLL 1 ¼ TURN TO RIGHT, TURN ½ TO LEFT

22 Turn ½ right and step left to side
23 Turn ½ right and step right to side
24 Turn ¼ right and step left forward
25 Hold
26-27 Step right forward, turn ½ left (weight to left)
28-29 Step right forward, hold

ROCK RECOVER COASTER STEP TWICE, SIDE ROCK RECOVER SAILOR STEP TWICE

30-31-32&33 Rock left forward, recover to right, coaster step left, right, left
34-35-36&37 Rock right forward, recover to left, coaster step right, left, right
38-39-40&41 Rock left to side, recover to right, sailor step left, right, left
42-43-44&45 Rock right to side, recover to left, sailor step right, left, right

FORWARD STEP STEP TWICE

46-47 Step left forward, step right together
48-49 Repeat 46-47

WEAVE, RONDE TURNING TURN ¼ RIGHT, SAILOR STEP, RONDE SAILOR STEP, RONDE SAILOR STEP TURNING FULL TURN

50-51 Cross left over right, step right to side
52 Cross left behind right
53 Sweep right front to side
54-56 Turn ¼ right sailor step right, left, right
57 Sweep left side to back
58-60 Sailor step left, right, left
61 Sweep right side to back
62-64 Sailor step turning 1 full turn right stepping right, left, right

To commence dance again step onto left on beat number one into right lock step

REPEAT

