

拍数: 24                      墙数: 4                      级数: Beginner  
编舞者: William Sevone (UK) - April 2001  
音乐: Young Love - Twister Alley : (CD: Twister Alley)



Choreographers note:- Ideal for Beginners or as a general 'warm up' dance for all levels. And, if you know the words then enjoy a sing-a-long to it.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance start's after the 16 count intro on the word '..say..' . Feet slightly apart, weight on right foot.

### \*2x Cross-Side-Sailor (12:00).

- 1 - 2                      Cross left over right. Step right to right side.  
3& 4                      (Turning body to left) Step left behind right, step right next to left, step left to left side.  
5 - 6                      Cross right foot over left. Step left to left side.  
7& 8                      (Turning body to right) Step right behind left, step left next to right, step right to right side.

### Shuffle. Rock. 1/2 Right. 2x Heel Switches (6:00)

- 9& 10                      Shuffle forward stepping: L.R-L  
11 - 12                      Rock forward onto right. Recover onto left.  
13 - 14                      Turn 1/2 right & step forward onto right. Touch left heel forward  
&15                      Step left next to right, Touch right heel forward  
&16                      Step right next to left. Touch left heel forward.

### Toe Touch. Fwd. Shuffle. Rock. Recover. Back. 1/4 Side (9:00)

- 17 - 18                      Touch left toe to the outside of right. Step forward onto left foot  
19& 20                      Shuffle forward stepping: R.L-R..  
21 - 22                      Rock forward onto left. Recover onto right.  
22 - 24                      Step backward onto left. Turn ¼ right & step right to right side.

### Other suggested music:

- Lorrie Morgan - □□□Back in your arm's again□□(116 bpm)  
Emilio - □□□□Even if I tried□□□□(116 bpm)  
Billy Ray Cyrus - □□Ain't your dog no more□□□(120 bpm)  
Aaron Tippin or Billy Swann - □I can help□□□□(120 bpm)  
Regina Regina □-□□Right plan, wrong man□□□(120 bpm)  
Dean Miller - □□□I feel bad□□□□(122 bpm)  
Tanya Tucker - □□□Some kind of trouble□□□(120 bpm)  
James House - □□□A real good way to wind up lonesome□(124 bpm)  
Dan Seals - □□□Bop□□□□□(124 bpm)  
Trisha Yearwood - □□XXX's and OOO's (an American girl)□(126 bpm)  
Ricky Lynn Gregg - □□Three nickels and a dime□□(134 bpm)  
Tanya Tucker - □□□It's a little too late□□□(142 bpm)

Last Update 29th May 2016