

# Runnin' Wild

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Judy McDonald (CAN)  
音乐: Runnin' Wild - Johnny Reid



## RIGHT TRIPLE, LEFT TRIPLE, RIGHT ROCK BACK, LEFT STEP (LADIES' EAST COAST BASIC)

1&2      Step right to side, step left beside right, step right in place  
3&4      Step left to left, step right beside left, step left in place  
5-6      Step right back, step left in place

## RIGHT TOUCH, RIGHT STEP, LEFT TRIPLE, RIGHT ROCK BACK, LEFT STEP

7-8      Touch right beside left, step right beside left  
1&2      Step left to side, step right beside left, step left in place  
3-4      Step right back, step left in place

## RIGHT KICK BALL CHANGE TWICE

5&6      Kick right forward, step right back, step left in place  
7&8      Kick right forward, step right back, step left in place

## RIGHT SIDE SHUFFLE, LEFT STEP FORWARD, RIGHT TOE TOUCH

1&2      Step right to side, step left beside right, step right to side  
3-4      Step left forward, touch right toe behind left

## RIGHT STEP BACK, LEFT KICK FORWARD, LEFT TRIPLE

5-6      Step right back, kick left forward  
7&8      Step left back, step right beside left, step left in place

## RIGHT HEEL GRINDS MOVING LEFT TWICE

1-2      Step right heel across in front of left with toe pointing left, step left to side while twisting on right heel so toe points right  
3-4      Step right heel across in front of left with toe pointing left, step left to side while twisting on right heel so toe points right

## BOX STEP MAKING ¼ TURN RIGHT

5-8      Step right across in front of left, step left back, step right to side making ¼ turn right, step left forward

## RIGHT SHUFFLE FORWARD, LEFT ROCK FORWARD, RIGHT STEP

1&2      Step right forward, step left beside right, step right forward  
3-4      Step left forward, step right in place

## LEFT SHUFFLE BACK, RIGHT ROCK BACK, LEFT STEP

5&6      Step left back, step right beside left, step left back  
7-8      Step right back, step left in place

## RIGHT SIDE SHUFFLE, LEFT CROSS SHUFFLE

1&2      Step right to side, step left beside right, step right to side  
3&4      Step left across in front of right, step right to side, step left across in front of right

## WEAVE MOVING LEFT (RIGHT CROSS BEHIND LEAD)

5-8      Step right in place behind left, step left to side, step right across in front of left, step left to side

**RIGHT KICK BALL CHANGE, RIGHT STEP FORWARD, LEFT TOUCH**

1&2 Kick right forward, step right back, step left in place

3-4 Step right forward, touch left beside right

**LEFT KICK BALL CHANGE, LEFT STEP FORWARD, RIGHT TOUCH**

5&6 Kick left forward, step left back, step right in place

7-8 Step left forward, touch right beside left

**RIGHT KICK, RIGHT STEP BACK, LEFT KICK, LEFT SLOW COASTER, RIGHT HEEL BOUNCE TWICE**

1-4 Kick right forward, step right back, kick left forward, step left back

5-8 Step right beside left, step left forward, step right forward and bounce heel, bounce right heel

**REPEAT**

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