

Running Around

拍数: 46 墙数: 4 级数:
编舞者: Coral Burton (UK) & Ivan Burton (UK)
音乐: Every Little Thing - Carlene Carter



HEEL TAPS

1-2 Right heel touch forward - right foot step beside left foot
3-4 Left heel touch forward - left foot step beside right foot
5-6 Right heel touch forward - right foot step beside left foot
7-8 Left heel touch forward - left foot touch beside right foot

LEFT GRAPEVINE WITH HITCH, RIGHT GRAPEVINE WITH ¼ TURN RIGHT & HITCH

9-10 Left foot step to left side - cross right foot behind left foot
11-12 Left foot step to left side - hitch right knee
13-14 Right foot step to right side - left foot cross behind right foot
15-16 Right foot step to right side - make ¼ turn right hitching left knee

LEFT GRAPEVINE WITH STOMP

17-18 Left foot step to left side - cross right foot behind left foot
19-20 Left foot step to left side - hitch right knee

RIGHT HOOK COMBINATION, LEFT HOOK COMBINATION WITH TOUCH BACK

21-22 Touch right heel forward - hook right foot in front of left shin
23-24 Touch right heel forward - right foot step beside left foot
25-26 Touch left heel forward - hook left foot in front of right shin
27-28 Touch left heel forward - left foot touch back

STEP HITCHES MOVING FORWARD

29-30 Left foot step forward - hitch right knee
31-32 Right foot step forward - hitch left knee
33-34 Left foot step forward - hitch right knee

WALK BACK WITH ½ TURN RIGHT & HITCH, STEP HITCHES MOVING FORWARD

35-36 Right foot step back - left foot step back
37-38 Right foot step back making ½ turn right - hitch left knee
39-40 Left foot step forward - hitch right knee
41-42 Right foot step forward - hitch left knee

WALK BACK & TOUCH

43-44 Left foot step back - right foot step back
45-46 Left foot step back - touch right foot beside left foot

REPEAT
