

Runaway

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Graham Danser (UK)
音乐: Runaway - Gary Allan



KICK KICK COASTER STEP TWICE

1-2 Kick right foot forward twice
3&4 Step back right, step left beside right, step forward right
5-6 Kick left foot forward twice
7&8 Step back left, step right beside left, step forward left,

SHUFFLE, SIDE STEP, SHUFFLE, PIVOT ½ TURN LEFT

9&10 Shuffle forward right, left, right
11-12 Step to the left close right to left
13&14 Shuffle forward left, right, left
15-16 Step forward on right and ½ turn pivot left

GRAPEVINE RIGHT, KICK, GRAPEVINE LEFT ½ TURN, SCUFF

17-18 Step right to right side, cross left behind right
19-20 Step right to right side, kick left forward and across right
21-22 Step left to left side, cross right behind left
23-24 Step left to left side, ½ turn left and scuff right,

CHASSE RIGHT ROCK FORWARD, CHASSE LEFT ¾ TURN

25&26 Step right to right side, close left beside right, step right to right side
27-28 Rock forward on to left, replace weight on to right
29&30 Step left to left side, close right beside left, step left to left side
31-32 Cross right in front of left, ¾ turn left,

ROCK RIGHT, ROCK LEFT, HIP BUMPS RIGHT-LEFT-RIGHT-LEFT

33&34 Step right to right side, step in place with left, step right next to left (with weight)
35&36 Step left to left side, step in place with right, step left next to right (with weight)
37-38 Bump hips to right side stepping to the right, bump hips to left side
39-40 Bump hips to right side, bump hips to the left side

The hip bumps in counts 37-40 can be replaced with 4 apple jacks right, left, right, left, leaving out the step to the right in count 37

REPEAT