

# Runaway

COPPER KNOB  
BY STEPHENETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Karen Katrea (SG)  
音乐: Runaway - Janet Jackson



## RIGHT SIDE STEP, LEFT ROCK BACK AND RECOVER, ½ TRAVELING RIGHT TURN, ¾ TRAVELING LEFT TURN, LEFT FORWARD MAMBO STEP

1                    Step right to the side  
2-3                 Rock left diagonally back, recover on right  
4&5                 Turn ¼ right stepping left to the side, turn ¼ right stepping right to the side, cross left over right  
6&7                 Turn ¼ left stepping right to the side, turn ½ left stepping left forward, step right forward  
8&1                 Rock left forward, recover on right, step left beside right

## TOUCH AND UNWIND ½ RIGHT, LEFT FORWARD LOCK SHUFFLE, ½ LEFT ROCK-SWAY RIGHT SIDE-ROCK CROSS

2-3                 Touch right toe behind left heel, unwind ½ right stepping right down  
4&5                 Step left forward, lock right behind left, step left forward  
6-7                 ¼ Left turn rock right to the side, ¼ left turn recover on left (sway hips)  
8&1                 Rock right to the side, recover on left, cross right over left

## SIDE TOUCH, ¼ LEFT, RIGHT SIDE-ROCK-CROSS, SIDE TOUCH, ¼ LEFT, RIGHT SIDE-ROCK CROSS

2-3                 Touch left to the side, turn ¼ left crossing left over right  
4&5                 Rock right to the side, recover on left, cross right over left  
6-7                 Touch left to the side, turn ¼ left crossing left over right  
8&1                 Rock right to the side, recover on left, cross right over left

## ROCK LEFT TO THE SIDE, RECOVER, HEEL JACK, HOLD, STEP DOWN, RIGHT CROSS SHUFFLE, LEFT SIDE STEP

2-3                 Rock left to the side, recover on right  
4&5                 Step left slightly back, step right in place, touch left heel diagonally forward  
6&                    Hold, step left in place  
7&8                 Cross right over left, step left behind right, cross right over left  
&                     Step left slightly to the side

## REPEAT

## TAG

After 5th wall, do the tag, and then restart the dance

## RIGHT SIDE-STEP, LEFT ROCK-BACK-RECOVER, LEFT SIDE SHUFFLE, RIGHT ROCK-BACK RECOVER, INCOMPLETE RIGHT SIDE SHUFFLE

1                    Step right to the side  
2-3                 Rock left diagonally back, recover on right  
4&5                 Step left to the side, step right beside left, step left to the side  
6-7                 Rock right diagonally back, recover on left  
8&                    Step right to the side, step left beside right (you will complete this right shuffle with the first count of the dance - i.e. Step right to the side)