

Run For The Roses

拍数: 48 墙数: 4 级数: Improver
编舞者: Tom Glover (AUS)
音乐: Run for the Roses - Dan Fogelberg



- 1-2-3 Turn ¼ left stepping right to right side, step left behind right, turn ¼ right stepping right forward
4-5-6 Step forward onto left, pivot ½ turn right, step forward onto left
- 1-2-3 Turn ¼ left stepping right to right side, step left behind right, turn ¼ right stepping right forward
4-5-6 Turn ¼ right and step/sway left to left side, sway right, sway left
- 1-2-3 Turn ¼ right step right forward, turn ¼ right step left to left side, step right back as you hook left towards right
4-5-6 Step left forward, traveling forward turn a full turn left stepping right-left
- 1-2-3 Step right forward, step left beside right, step right back
4-5-6 Step left back turn ½ right and travel forward stepping right-left
- 1-2-3 Step right forward, step left beside right, step right back
4-5-6 Turn ½ left stepping forward onto left, turn ¼ left stepping right foot to right side, turn ½ left stepping left foot to left side
- 1-2-3 Cross/step right over left, step left to left side, step right slightly to right side
4-5-6 Cross/step left over right, step right to right side, step left slightly to left side
- 1-2-3 Step forward, step left back, step right back as you hook left towards right
4-5-6 Step left forward, travel forward turning a full turn left stepping right-left
- 1-2-3 Turning ¼ left step right to right side, replace weight onto left, cross right in front of left
4-5-6 Step left to left side, replace weight onto right, step left forward

REPEAT

RESTART

You will finish your 3rd sequence facing 9:00, dance to count 12 of your 4th sequence and start again at 6:00
You will finish your 6th sequence facing 12:00. Dance to count 12 of your 7th sequence and start again at 9:00
