

Run For The Roses

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Charlotte Macari (UK)
音乐: Run For The Roses - Glenn Rogers



I would like to dedicate this Dance to Sue Weston (Bossy Boots) and Rob Fowler: Sue Weston - For bringing this beautiful piece of music to my attention, cause I love waltzes & Rob - For his helpful advice while I choreographed it!! Thank you xxx

LEFT TWINKLE, RIGHT CURVE FEATHER, STEP BACK, STEP ½ TURN LEFT, STEP FORWARD, SLOW ½ PIVOT TURN

- 1-3 Step left cross right, step right next to left, step left slightly to left diagonal
4-6 Step forward right to right diagonal (starting to turn ¼ turn right), step forward left completing a ¼ turn right, step forward right or lunge forward on right (3:00 wall)

STEP BACK, STEP, ½ TURN LEFT, STEP FORWARD, SLOW ½ PIVOT TURN

- 1-3 Step back left, step right slightly back, turn ½ turn left, stepping forward left

Advanced option:

- 2 Do a heel turn- stepping right next to left and turn ½ turn with feet together on the back of both heels
4-6 Step forward right, turn a slow ½ pivot left, step forward left

STEP FORWARD RIGHT, ½ TURN RIGHT STEPPING BACK, ¼ RIGHT WITH SIDE STEP, TWINKLE WITH ½ TURN LEFT

- 1-3 Step forward right, turn ½ right stepping back on left, turn ¼ right stepping right to right side
4-6 Cross left over right, turn ¼ left stepping back on right, turn ¼ left stepping left to left side

RIGHT CROSS, RECOVER, SIDE STEP, LEFT CROSS, RECOVER WITH LEFT HITCH, STEP LEFT BEHIND, RIGHT SIDE STEP

- 1&2 Cross right over left, recover weight on left, step right to right side
3-4 Cross left over right, recover weight on right, while hitching left
5-6 Step left behind right, step right to right side

LEFT TWINKLE, RIGHT TWINKLE WITH ½ TURN RIGHT

- 1-3 Cross left over right, step right next to left, step left slightly to right diagonal
4-6 Cross right over left, turn ¼ right stepping back on left, turn ¼ right stepping right to right side

LEFT TWINKLE, RIGHT TWINKLE WITH ½ TURN RIGHT

- 1-6 Repeat the above counts 1-6

CROSS, UNWIND FULL TURN RIGHT, SWEEP, WEAWE

- 1-3 Cross left over right, unwind a full turn right, sweep right foot from front to back (option - could rondé instead of sweep)
4-6 Weave stepping right behind left, step left to left side, cross right over left

LEFT SIDE STEP, DRAG RIGHT TO LEFT, TURN FULL TURN RIGHT

- 1-3 Step a big side step left, drag right next to left, touch
5-6 Turn ¼ right stepping forward on right, turn ½ right stepping back on left, turn ¼ right stepping right to right side

REPEAT

TAG

After walls 3 and 5, facing back wall both times

1-6 Left twinkle, right twinkle with $\frac{1}{2}$ turn right

7-12 Repeat above 1-6

ENDING

After the last wall facing the front, cross left over right, unwind full turn right and pose
