Rum & Coca Cola



拍数: 80 墙数: 2 级数: Improver

编舞者: Irene Groundwater (CAN)

音乐: Rum and Coca-Cola - The Andrews Sisters



SIDE, HOLD, TOGETHER, HOLD, SIDE, TOGETHER, SIDE, HOLD

1-2-3-4 Side step right, hold, step left beside right, hold

5-6-7-8 Side step right, step left beside right, side step right, hold

CROSS, HOLD, REPLACE, HOLD, CROSS, REPLACE, TOUCH, HOLD

9-10-11-12 Cross left over right, hold, replace weight on right, hold

13-14 Cross left behind right turning body left, replace weight on right turning body forward

15-16 Touch left toe beside right instep, hold

Head turns

13-14 Turn head left, turn head forward

Beginner option:

On count 9, step left forward On count 13, step left back

SIDE, HOLD, TOGETHER, HOLD, SIDE, TOGETHER, SIDE, HOLD

17-18-19-20 Side step left, hold, step right beside left, hold

21-22-23-24 Side step left, step right beside left, side step left, hold

CROSS, HOLD, REPLACE, HOLD, CROSS, REPLACE, TOUCH, HOLD

25-26-27-28 Cross right over left, hold, replace weight on left, hold

29-30 Cross right behind left turning body right, replace weight on left turning body forward

31-32 Touch right toe beside left instep, hold

Head turns

29-30 Turn head left, turn head forward

Beginner option:

On count 25, step right forward On count 29, step right back

DIAGONAL FORWARD, 5TH POS, DIAGONAL FORWARD, TOUCH, DIAGONAL FORWARD, 5TH POS, DIAGONAL FORWARD, TOUCH

33-34	Right diagonal forward, left toe to right heel
25.26	Dight diagonal forward, tough left too beside

35-36 Right diagonal forward, touch left toe beside right instep

37-38 Left diagonal forward, right toe to left heel

39-40 Left diagonal forward, touch right toe beside left instep

Option

33-34 Extend forearms forward waist high on both sides of body facing diagonal toward the right,

bring forearms back waist high

35-36 Repeat 33-34

37-38 Extend forearms forward waist high on both sides of body facing diagonal toward the left,

bring forearms back waist high

39-40 Repeat 37-38

Beginner option:

33-36 Right forward shuffle with touch Left forward shuffle with touch

SIDE, HOLD, HEEL, HOLD, SIDE, HOLD, HEEL, HOLD

41-42 Side step right, hold turning body toward the left 43-44 Tap left heel to the left, hold turning body forward

45-46 Side step left, hold turning body toward the right 47-48 Tap right heel to the right, hold turning body forward

Option:

Snap fingers forward to the left
Snap fingers forward to the right

Option:

On counts 42 & 44, touch left toe to right instep. On counts 46 & 48, touch right toe to left instep.

DIAGONAL FORWARD, 5TH POS, DIAGONAL FORWARD, TOUCH, DIAGONAL FORWARD, 5TH POS, DIAGONAL FORWARD, TOUCH

49-50 Right diagonal forward, left toe to right heel
51-52 Right diagonal forward, touch left toe beside right instep

Left diagonal forward, right toe to left heel

55-56 Left diagonal forward, touch right toe beside left instep

Option:

49-50 Extend forearms forward waist high on both sides of body facing diagonal toward the right,

bring forearms back waist high

51-52 Repeat 49-50

53-54 Extend forearms forward waist high on both sides of body facing diagonal toward the left,

bring forearms back waist high

55-56 Repeat 53-54

Beginner option:

49-52 Right forward shuffle with touch 53-56 Left forward shuffle with touch

SIDE, HOLD, HEEL, HOLD, SIDE, HOLD, HEEL, HOLD

57-58 Side step right, hold turning body toward the left
59-60 Tap left heel to the left, hold turning body forward
61-62 Side step left, hold turning body toward the right
63-64 Tap right heel to the right, hold turning body forward

Option:

59 Snap fingers forward to the left 63 Snap fingers forward to the right

Option:

On counts 58 & 62, touch left toe to right instep. On counts 62 & 64, touch left toe to right instep.

FORWARD, HOLD, 1/4 TURN LEFT, HOLD, ROTATE HIPS FOR 4 COUNTS

65-66-67-68 Right forward, hold, replace weight on left pivoting 1/4 turn left on step, hold

69-70-71-72 Bend knees and rotate hips to the right for 4 counts

Option:

69-72 Hold hands above head and move fingers pretending that you are feeling money

FORWARD, HOLD, 1/4 TURN LEFT, HOLD, ROTATE HIPS FOR 4 COUNTS

73-74-75-76 Right forward, hold, replace weight on left pivoting ¼ turn left on step, hold

77-78-79-80 Bend knees and rotate hips to the right for 4 counts

Option:

77-80 Hold hands above head and move fingers pretending that you are feeling money

REPEAT

TAG

After wall 5, dance counts 33-80, then side step right, tap left heel diagonal forward, raise hands above head. Count 33 always occurs when you hear "Drinking Rum and Coca Cola" or on final round, the words "Rum and Coca Cola".

ENDING

end dance with music ends.	usic after short w	<i>ı</i> all just keep ı	rotating hips w	rith hands abo	ve head feelin	ig money unt