

Ruined

拍数: 48 墙数: 4 级数: Improver west coast swing
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音乐: Somebody Save the Honky Tonks - Mark Chesnutt



KICK, BALL, CHANGE, HEEL TOUCH, STEP

1&2 Right kick, ball, change
3-4 Touch right heel forward, step right to left
5&6 Left kick, ball, change
7-8 Touch left heel forward, step left to right

SHUFFLE, PIVOT, SHUFFLE, PIVOT

1&2 Right shuffle forward
3-4 Left pivot
5&6 Left shuffle forward
7-8 Right pivot

STEP, SCUFFS, TURNING JAZZ BOX

1-2 Step right forward, scuff left
3-4 Step left forward, scuff right
5-6 Cross step right over left, step left back
7-8 Step right back as turn ¼ turn right, scuff left forward

ROCK STEP, SHUFFLE BACK, ROCK STEP, SHUFFLE FORWARD

1-2 Left rock step forward, recover
3&4 Left shuffle back
5-6 Right rock step back, recover
7&8 Right shuffle forward

PIVOT, SHUFFLE, PADDLE TURNS

1-2 Step left forward, turn ½ turn right
3&4 Left shuffle forward
5-6 Step forward right, turn ¼ turn left as clap
7-8 Step forward right, turn ¼ turn left as clap

STOMP, KICK, TURNING ROCK STEPS

1-2 Stomp right forward, left kick
3&4 Left rock step forward, recover, step left back as turn ¼ turn left
5-6 Stomp right forward, left kick
7&8 Left rock step forward, recover, step left back as turn ¼ turn left

REPEAT
