

Rubbin' Neckin'

拍数: 32 墙数: 2 级数: Improver
编舞者: Kate Elisabeth Berntsen (NOR)
音乐: Rubberneckin' (2003 Remix) - Elvis Presley



STOMP, TOE STRUT, TOE STRUT, ROCK, TURN

1 Stomp left foot
2 Hold
3-4 Right toe and heel
5-6 Left toe and heel
7&8 Rock right forward, when you recover you turn $\frac{1}{4}$ to right

TOE STRUT, TOE STRUT, CROSS UNWIND

1 Hold
2-3 Left toe and heel in cross of right
4-5 Right toe and heel
6 Cross left behind right
7&8 Unwind $\frac{3}{4}$ to left

CHARLESTON STEP TWICE

1 Step right forward
2 Kick left forward
3 Step left back
4 Touch right back
5 Step right forward
6 Kick left forward
7 Step left back
8 Touch right back

KICK, STEP, STEP, HIP BUMPS X 4

1 Kick right foot forward
2&3 Step right back, step left back
4-5-6-7 Bumps to left, right, left and right
8 Hold

REPEAT
