

Rubberneckin' With The King

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sandra Plunkett (USA)
音乐: Rubberneckin' (2003 Remix) - Elvis Presley



STEP, HOLD, HEAD, HOLD, HIP ROLL, ELVIS LEGS

- 1 Step right with right foot, placing right hand on right hip
- 2 Hold
- 3 Turn head to the left, placing left hand on left hip
- 4 Hold
- 5-6 Hip roll to the right (to the right), weight ending on right foot
- 7-8 Bend left knee in to the left; bend right knee to the right (elvis legs)

TOE STRUTS

- 1-2 Right toe, step down on right foot
- 3-4 Left toe, step down on left foot
- 5-6 Right toe, step down on right foot
- 7-8 Left toe, step down on left foot

The above 8 counts are done moving forward with a slight diagonal with each move. For styling, put some leg moves into it, clap on 2,4,6,8. Or snap fingers on 2,4,6,8

STEPS WITH HOLD TO THE RIGHT, BODY ROLLS

- 1 Step right (weight on right)
- 2 Hold
- & Step left
- 3 Step right (weight on right)
- 4 Hold
- & Step left
- 5-6 Body roll to the right, weight going to right foot
- 7-8 Body roll to the right

Move body as you are moving right for styling on counts 1-4. For beginners, just do a vine to the right for 1-4, touch left toe on four. Keep weight on right and bump hips for 5,6,7,8

VINE LEFT, KNEE ROLLS

- 1-4 Vine to the left with a ¼ turn to the left, touching right on count 4
- 5-6 Roll right knee in, out
- 7-8 Roll left knee in, out

Variation roll right knee on 5, roll left knee on 6, pop knees in/out on 7-8, weight should be on left to start dance over.

REPEAT