

# Rubberband Man

**COPPER** **KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Carolyn Robinson (USA)  
音乐: Rubberband Man - The Spinners



Begin dance on 17th count after the heavy beat kicks in

## RIGHT TRIPLE STEPS RIGHT DIAGONAL, RIGHT TOE FORWARD, BACK, RIGHT SIDE TRIPLE

Start facing right diagonal

1&2      Step forward right, step forward left, step forward right  
3&4      Step forward left, step forward right, step forward left  
5-6      Touch right forward, touch right back  
7&8      Side step right, step left beside right, side step right

## LEFT TRIPLE STEPS LEFT DIAGONAL, LEFT TOE FORWARD, BACK, LEFT SIDE TRIPLE

Turn to face left diagonal

1&2      Step forward left, step forward right, step forward left  
3&4      Step forward right, step forward left, step forward right  
5-6      Touch left forward, touch left back  
7&8      Side step left, step right beside left, side step left

## SIDE TOGETHER, SIDE TOGETHER SIDE TWICE

1-2      Side step right, step left beside right  
3&4      Side step right, step left beside right, side step right  
5-6      Side step left, step right beside left  
7&8      Side step left, step right beside left, side step left

## TOE HEEL STRUTS WITH ¼ TURN LEFT, HIP BUMPS

1-2      Step right toe forward, step right heel down  
3-4      Turning ¼ turn left and step left toe forward, step left heel down  
5&6      Bump right hips right, left, right  
7&8      Bump left hips left, right, left

Option: for styling bumps hips while doing the toe heel struts and instead of bumps roll knees for 2 counts each beginning with right knee

REPEAT