

# Rub It In

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: ultra Beginner  
编舞者: Anita McNab (CAN)  
音乐: Rub It In - Matt King



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## TOUCH RIGHT SIDE, TOUCH HOME, (TWICE), THEN REPEAT ON LEFT (TWICE)

1-2            Touch right to side & together beside left  
3-4            Touch right to side & together beside left  
5-6            Touch left to side & together beside right  
7-8            Touch left to side & together beside right

**Alternative: do a full Monterey step for first 8 counts**

## BASIC STEP TO RIGHT (SIDE, TOGETHER, SIDE, TOUCH), HIP BUMPS LEFT, RIGHT, LEFT, RIGHT

9-10           Step side right, step left beside  
11-12          Step side right, touch left beside  
13-16          Bump hips left, right, left, then right (weight ends on right)

**Alternative: rolling vine right**

9-16           Hip circles, or roll

## BASIC STEP TO LEFT (SIDE, TOGETHER, SIDE, TOUCH), HIP BUMPS RIGHT, LEFT, RIGHT, LEFT

17-18          Step side left, step right beside  
19-20          Step side left, touch right beside  
21-24          Bump hips right, left, right, then left (weight on left)

**Alternative: rolling vine left 17-20 hip circles, or roll**

## RIGHT HEEL FORWARD, DROP TOE, LEFT HEEL FORWARD, DROP TOE

25-28          Right heel forward & slap toe, left heel forward & slap toe

## RIGHT HEEL FORWARD 45 DEGREES TO LEFT, DROP TOE (FACING CORNER)

29-30          Lean forward, step right heel forward 45 degree angle & slap toe

## STEPPING A QUARTER TURN LEFT, LEFT HEEL FORWARD, DROP TOE

31-32          ¼ turn left by stepping on left heel forward & slap toe

**REPEAT**

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