

Rub It In

拍数: 32 墙数: 4 级数: Intermediate two step
编舞者: Chris Collignon (NL)
音乐: Rub It In - Billy "Crash" Craddock



¼ TURN RIGHT, TOUCH, ½ TURN SHUFFLE, ROCK STEP, ¼ TURN CHASSÉ

1-2-3&4 Step ¼ turn right, touch left next to right, ½ turn shuffle left stepping left-right-left
5-6-7&8 Rock/step forward right, recover weight onto left, step ¼ turn right to right, step left next to right, step right to right

ROCK STEP, ½ TURN SHUFFLE, REVERSE COASTER STEP, BACK, HOOK

1-2-3&4 Rock/step forward on left, recover weight onto right, ½ turn shuffle left stepping left-right-left
5&6-7-8 Step forward on right, step left beside right, step back on right, step back on left, hook right across left

CHASSÉ RIGHT WITH ¼ TURN LEFT, CHASSÉ LEFT WITH ¼ TURN LEFT, HEEL FORWARD., TOE BACK, MAMBO WITH ¼ TURN RIGHT

1&2 Step right to right side, step left beside right, step ¼ left back on right
3&4 Step left to left side, step right beside left, step ¼ left forward on left
5-6 Touch right heel forward, touch right toe back
7&8 Step/rock forward on right, recover weight on left, step ¼ turn right on right

CROSS SHUFFLE, SIDE ROCK STEP, JAZZ BOX

1&2 Cross left over right, step right to the right side, cross left over right
3-4 Rock/step right to the right side, recover weight on left
5-6-7-8 Cross right over left, step back on left, step right to the right, step left beside right

REPEAT

TAG

At the end of second wall facing 6:00, then go on with the dance till the end of music

STEP FORWARD, BRUSH FORWARD, BRUSH BACK RIGHT FROM RIGHT, BRUSH FORWARD, STEP FORWARD, BRUSH FORWARD, BRUSH BACK LEFT FROM LEFT, BRUSH FORWARD

1-2-3-4 Step forward on right, brush left forward, brush left back next right feet on right side, brush left forward
5-6-7-8 Step forward on left, brush right forward, brush right back next left feet on left side, brush forward

STEP FORWARD, HOLD, ½ LEFT PIVOT TURN, HOLD, STEP FORWARD, TOUCH BEHIND, STEP BACK, HOOK

1-2-3-4 Step forward on right, hold for one count, pivot ½ turn left on left & right weight on left, hold for one count
5-6-7-8 Step forward on right, touch left behind left foot, step back on left, hook right across left

STEP FORWARD, BRUSH FORWARD, BRUSH BACK RIGHT FROM RIGHT, BRUSH FORWARD, STEP FORWARD, BRUSH FORWARD, BRUSH BACK LEFT FROM LEFT, BRUSH FORWARD

1-2-3-4 Step forward on right, brush left forward, brush left back next right feet on right side, brush left forward
5-6-7-8 Step forward on left, brush right forward, brush right back next left feet on left side, brush forward

STEP FORWARD, HOLD, ½ LEFT PIVOT TURN, HOLD, STEP FORWARD, TOUCH BEHIND, STEP BACK, HOOK

- 1-2-3-4 Step forward on right, hold for one count, pivot $\frac{1}{2}$ turn left on left & right weight on left, hold for one count
- 5-6-7-8 Step forward on right, touch left behind left foot, step back on left, hook right across left
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