

拍数: 64 墙数: 4 级数: Intermediate/Advanced

编舞者: Jody Jensen

音乐: Big Time - Trace Adkins



EXTENDED SUGAR PUSH:

1-2 Step right foot forward; step left foot forward

3-4 Tap right toe behind left foot; step back on right foot

5-6 Step back on left foot; step back on right foot

7&8 Step left foot back; step right foot beside left; step left foot forward

KICK-BALL-CHANGE, STOMP, CLAP, LEFT & RIGHT SAILOR SHUFFLES:

1&2 Kick right foot forward, place right foot beside left, lift left foot slightly (keep weight on left foot,

right knee should be bent)

3-4 Lift right foot and stomp (weight on right foot, bend right, Knee), clap

Cross left foot behind right foot, step right foot to right, step left foot forward
Cross right foot behind left foot, step left foot to left, step right foot forward

CROSS-SIDE-CROSSES, PIVOT, LEFT 1/4 TURN, RIGHT SHUFFLE:

1&2 Cross left foot behind right, step right foot to right, cross left foot over right

&3&4 Step right foot to right, cross left foot behind right, step right foot to right, cross left foot over

right

5-6 Step right on ball of right foot pivot ¼ turn to left lifting and replacing left foot (weight on left

foot)

7&8 Shuffle forward right, left, right (now facing 9:00)

ROCK STEP, 3/4 LEFT TURNING SHUFFLE, HEEL TOUCHES, CROSS UNWIND:

1-2 Step left foot forward, rock back onto right foot

3&4 Shuffle left, right, left in place while turning ¾ to the left (now facing 12:00)

Touch right heel forward, place right foot next to left, touch left heel forward, place left foot

next to right (weight on left foot)

7-8 Cross right foot over left, unwind ½ turn to left (facing 6:00)

CHUG WALK, HEEL JACKS:

&1&2 Stepping forward on right foot, slide touch left toe beside right foot (left knee bent), stepping

forward on left foot, slide touch right toe beside left foot (right knee bent)

&3&4 Same steps as above (&1&2)

&5&6 Step back on right foot, touch left heel forward, step left foot back to home, step right foot

forward to home

&7&8 Step back on left foot, touch right heel forward, step right foot back to home, step left foot

forward to home

ROLLING VINE WITH CROSSOVER, REVERSE 1&1/4 TURNING VINE:

1-4 Step right foot to right, turning ¼ turn to right, continue turning another ¼ turn to right as you

step down with left foot, continue turning to the right ½ turn stepping down with your right foot

facing 6:00, cross left foot over right (bending both knees and weight on your left foot)

5-8 Step right foot to the right, turn ½ turn to the left on the ball of your right foot and step left foot

down (now facing 12:00), continue turning ½ turn to the left and step down with right foot,

weight on right foot turn body 1/4 left and touch left heel forward (facing 3:00)

SHUFFLE FORWARD, ROCK STEP, ¼ TURN RIGHT SHUFFLE-IN-PLACE, RIGHT ¼ TURN SIDE ROCK PIVOT STEP:

1&2 Shuffle forward left, right, left (facing 3:00)

3-4	Step forward on right foot, rock back on left foot
5&6	While turning ¼ turn to right, shuffle right, left, right, in place (6:00)
7-8	Step left foot forward pivot¼ turn to right while shifting weight from left to right (rock step) (now facing 9:00)
TOUCH, SYN	COPATED OUT-OUT-IN-CROSS, UNWIND ½ TURN, KICK- BALL-CROSS, HEEL TOUCH,
1&2	Touch ball of left foot next to right, step left foot out to left, step right foot out to the right (weight is on right foot)
&3-4	Step left foot home, cross right foot over left, unwind ½ turn left
5&6	Kick right foot forward, place right foot beside left foot, cross left foot over right foot
7-8	Touch right heel forward, touch right toe back

REPEAT