# Rough & Ready



拍数: 40 编数: 4 级数: Intermediate

编舞者: Debbie 'Buttercup' Lambing (CAN)

音乐: Rough And Ready (Single Edit) - Trace Adkins



## KICK, KICK SAILOR STEP (RIGHT, LEFT)

1-2-3&4 Kick right foot diagonally forward to the left, kick right foot out to the right side, right sailor

step

5-6-7&8 Kick left foot diagonally forward to the right, kick left foot out to the left side, left sailor step

## WALK FORWARD RIGHT, LEFT; HEEL JACK AND STEP ½ TURN LEFT; STOMP STOMP

1-2&3&4 Walk forward right, walk forward left, step back on right, touch left heel forward, bring left foot

home with weight, touch right toe next to left foot

5-8 Step forward right, pivot ½ left, stomp right, stomp left

#### SIDE SWITCHES, HEEL TOUCHES, 1/4 JAZZ RIGHT, TRIPLE STEP

1&2&3&4& Touch right to right side, bring right home, touch left to left side, bring left home, touch right

heel forward, bring right home, touch left heel forward, bring left home

5-6-7&8& Cross right over left, step back on left, step forward right turning a ¼ right, step left beside

right, step right beside left, step left beside right

# SHUFFLE FORWARD RIGHT; ½ TURN RIGHT SHUFFLE; RIGHT COASTER STEP; LEFT KICK STEP TOUCH

1&2-3&4 Shuffle forward right, left, right; make a ½ right shuffling back left, right, left

5&6-7&8 Step back right, step left beside right, step forward right, kick left foot forward, step left foot

home, touch right toe beside left

## SIDE SWITCHES RIGHT, LEFT; HEEL BALL 1/4 STEP LEFT

1&2&3&4 Touch right toe to right side, bring right home, touch left toe to left side, bring left home, tap

right heel forward, turning a 1/4 left step on ball of right, step left beside right

Restart here on the 1st wall of dance

5&6&7&8 Touch right toe to right side, bring right home, touch left toe to left side, bring left home, tap

right heel forward, turning a 1/4 left step on ball of right, step left beside right

Dance this section 5-8 three times on the third rotation of dance

#### **REPEAT**

### SPECIAL INSTRUCTIONS FOR THE LAST 4 COUNTS OF THE DANCE:

First wall: omit the last 4 counts (5-8) when dancing the 1st time. Which means you will dance the first wall twice, this only happens at the beginning of the dance

Third rotation of dance: dance the last 4 counts three times. Due to the restart and tag you will not dance the back wall until the 7 rotation of the dance