Rompin' Stompin



拍数: 64 墙数: 2 级数: Intermediate

编舞者: Robert Royston (USA)

音乐: Let's Go to Vegas - Faith Hill



HEEL STEP, ROCK STEP

Rock step forward onto right heel
 Rock back onto left in place
 Rock step back onto ball of right
 Rock forward onto left in place

SIDE STEP, SHAKE, JUMP, JUMP

5 Step to right side on right while shimmying shoulders

6 Continue to shimmy with feet apart

7 Bring left foot to meet right and jump to the right side

8 With feet together, jump to the right side again

STEP, HOLD, TURN, HOLD

1 Step forward on right

2 Hold

3 Pivot ¼ turn to the left shifting weight to left foot

4 Hold

STEP, HOLD, TURN, HOLD

5 Step forward on right

6 Hold

7 Pivot ¼ turn to the left shifting weight to left foot

8 Hold

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SIDE STEP, SHAKE, JUMP, JUMP

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6 Continue to shimmy with feet apart

7 Bring left foot to meet right and jump to the right side 8 With feet together, jump to the right side again

STEP, HOLD, TURN, HOLD

1 Step forward on right

2 Hold

3 Pivot ¼ turn to the left shifting weight to left foot

4 Hold

STEP, HOLD, TURN, HOLD

5 Step forward on right

6 Hold

7 Pivot ¼ turn to the left shifting weight to left foot

RIGHT KICK, CROSS ROCK, ROCK, ROCK

1 Kick right foot across left

2 Cross right foot over left and rock step onto it

Rock back onto left in placeRock forward onto right

LEFT KICK, CROSS ROCK, ROCK, ROCK

5 Kick left foot across right

6 Cross left over right and rock step onto it

7 Rock back onto right in place

8 Rock forward onto left

RIGHT KICK, CROSS ROCK, ROCK, ROCK

1 Kick right foot forward at a right 45 degree angle 2 Cross right foot over left and rock step onto it

3 Rock back onto left in place

4 Rock forward onto right still crossed over left

LEFT KICK, CROSS ROCK, ROCK, ROCK

Kick left foot forward at a left 45 degree angle
 Cross left over right and rock step onto it

7 Rock back onto right in place

8 Rock forward onto left still crossed over right

1/4 TURN, STEP, CLAP, HOLD

1 Pivot ¼ turn to the left on ball of left (9 o'clock)

2 Step to right on right

3 Clap4 Hold

1/2 TURN, STEP, CLAP, HOLD

5 Pivot ½ turn to the left on ball of right (3 o'clock)

6 Step to the left on left

7 Clap 8 Hold

SIDE STEP, HOLD, CROSS OVER, HOLD

1 Step to the right on right

2 Hold

3 Cross step left over right

4 Hold

STEP, CROSS BEHIND, STEP-TURN, STOMP

Step to the right on right
Cross step left behind right
Step ¼ turn to the right on right

8 Stomp left next to right (weight on left)

REPEAT