Romancing The Cha (P)



拍数: 64 墙数: 4 级数: partner dance

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音乐: Hoy Es Adios - Santana



Position: Couple starts in closed dance position; man's weight on right, left foot free, lady's weight on left, right foot free

CHA BASIC

1-2	MAN: Rock forward left; recover back right
	LADY: Rock back right; recover forward left
3&4	MAN: Triple steps back left, right, left
	LADY: Triple steps forward right, left, right
5-6	MAN: Rocks back right; recovers forward left
	LADY: Rocks forward left; recovers back right
7&8	MAN: Triple steps forward right, left, right
	LADY: Triple steps back left, right, left

CUCARACHA LEFT, CUCARACHA RIGHT

1-2	MAN: Steps side left; recovers in place right
	LADY: Steps side right; recovers in place left
3&4	MAN: Triple steps in place left, right, left
	LADY: Triple steps in place right, left, right
5-6	MAN: Steps side right; recovers in place left
	LADY: Steps side left; recovers in place right
7&8	MAN: Triple steps in place right, left, right
	LADY: Triple steps in place left, right, left

QUICK TIME CUCARACHA LEFT AND RIGHT, TWIRL VINE LEFT

1&2	MAN: Steps side left; recovers in place right; steps together left
	LADY: Steps side right; recovers in place left; steps together right
3&4	MAN: Steps side right; recovers in place left; steps together right
	LADY: Steps side left; recovers in place right; steps together left
5-6-7&8	MAN: Raises his left arm/lady's right to turn lady to right and he steps slightly side left; steps behind right; triples side left, right, left
	LADY: Executes full turn to right traveling slightly to right while stepping right, left, triple right,
	left, right - couple returns to closed dance position

QUICK TIME CUCARACHA RIGHT AND LEFT. TWIRL VINE RIGHT

QUICK TIMI	E CUCARACHA RIGHT AND LEFT, TWIRL VINE RIGHT
1&2	MAN: Steps side right; recovers in place left; steps together right
	LADY: Steps side left; recovers in place right; steps together left
3&4	MAN: Steps side left; recovers in place right; steps together left
	LADY: Steps side right; recovers in place left; steps together right
5-6-7&8	MAN: Raises his left arm to turn lady: to left and steps slightly side right; steps behind left; triples side right, left, right
	LADY: Executes full turn to left traveling slightly to left while stepping left, right, triple left,

Couple transitions to right outside partner dance position

SAILOR SHUFFLES (BACK)/SPIRALS (FORWARD), $\frac{1}{2}$ CHA BASIC

Couple starts in right outside partner dance position

1&2 MAN: Leads left shoulder back into large step back left crossing diagonally behind right;

small step to side right; steps together left

LADY: Leads right shoulder forward into large step forward right diagonally across left; small

step to side left; steps together right

Couple transitions to left outside partner dance position

3&4 MAN: Leads right shoulder back into large step back right crossing diagonally behind left;

small step to side left; steps together right

LADY: Leads left should forward into large step forward left diagonally across right; small

step to side right; steps together left

Couple transitions to closed dance position

5-6 **MAN:** Rocks back left; recovers forward right

LADY: Rocks forward right; recovers back left

7&8 MAN: Triples forward left, right, left

LADY: Triples back right, left, right

Couple transitions to right outside partner dance position

SPIRALS (FORWARD)/SAILOR SHUFFLES (BACK), 1/2 CHA BASIC

Couple starts in right outside partner dance position

1&2 MAN: Leads right shoulder forward into large step forward right diagonally across left; small

step to side left; steps together right

LADY: Leads right shoulder back into large step back left crossing diagonally behind right;

small step to side right; steps together left

Couple transitions to left outside partner dance position

3&4 MAN: Leads left should forward into large step forward left diagonally across right; small step

to side right; steps together left

LADY: Leads left shoulder back large step back right crossing diagonally behind left; small

step to side left; steps together right

Couple transitions to closed dance position

5-6 **MAN:** Rocks forward right; recovers back left

LADY: Rocks back left; recovers forward right

7&8 **MAN:** Triples back right, left, right

LADY: Triples forward left, right, left

Couple ends in right outside partner dance position

COUPLES WHEEL RIGHT

&4

Couple maintains right outside partner dance position while man and lady move together in small circle to right to accomplish 3/4 turn in next 4 counts (both move forward as if around a "pole" between them):

1 MAN: Steps forward on left turning 1/4 to right

LADY: Steps forward on right turning 1/4 to right

&2 MAN: Steps on ball of right slightly behind left; steps forward on left turning 1/8 to right

LADY: Steps on ball of left slightly behind right; steps forward on right turning 1/8 to right

&3 MAN: Steps on ball of right slightly behind left; steps forward on left turning 1/8 to right

LADY: Steps on ball of left slightly behind right; steps forward on right turning 1/8 to right

MAN: Steps on ball of right slightly behind left; steps forward on left turning 1/4 to right

LADY: Steps on ball of left slightly behind right; steps forward on right turning 1/4 to right

LADY'S UNDERARM TURN RIGHT

5 MAN: Steps on right in place to keep time and raises his left arm to continue turning lady: in

front of him for full turn to right (optional 2 full turns)

LADY: Steps forward on left turning 1/4 to right

&6 MAN: Steps on ball of left next to right; steps in place on right, continuing to turn lady: to right

LADY: Steps on ball of right slightly behind left; steps forward on left turning ¼ to right

&7 MAN: Steps on ball of left next to right; steps in place on right, continuing to turn lady: to right

LADY: Steps on ball of right slightly behind left; steps forward on left turning 1/4 to right

&8 MAN: Steps on ball of left next to right; steps in place on right, continuing to turn lady: to right

LADY: Steps on ball of right slightly behind left; steps forward on left turning $\frac{1}{4}$ to right

Couple ends in left outside partner dance position

COCA ROLA LEFT, COCA ROLA RIGHT

This is a Latin version of a "jazz box" adding a cha, cha, cha

Couple starts in left outside partner dance position

1-2 **MAN:** Steps crossing in front of right onto left; steps side right

LADY: Steps crossing in back of left onto right; steps side left

Couple ends in closed dance position

3&4 MAN: Triples back left, right, left

LADY: Triples forward right, left, right

Couple transitions to left outside partner dance position

5-6 MAN: Steps crossing in back of left onto right; steps side left

LADY: Steps crossing in front of right onto left; steps side right

Couple ends in closed dance position

7&8 **MAN:** Triples forward right, left, right

LADY: Triples back left, right, left

REPEAT

"CLOSED" DANCE POSITION

Man and lady face each other with man's right hand on lady's back, his left hand supporting lady's right; lady's left hand on front of man's right shoulder. If man slides his right foot forward, his toes will "track" between the lady's feet. If lady slides her right foot forward, her toes will "track" between man's feet

"RIGHT OUTSIDE PARTNER" DANCE POSITION

Same arms as in "closed", but lady is just "outside" man to his right side so that lady's feet are on her own "tracks" to right of man's feet which are also on his own "tracks" to right of lady's feet

"LEFT OUTSIDE PARTNER" DANCE POSITION

Same arms as in "closed", but lady is just "outside" man to his left side so that lady's feet are on her own "tracks" to left of man's feet which are also on his own "tracks" to left of lady's feet