Rolling Rhumba

拍数: 32

级数:

编舞者: Rowena Fuller (UK)

音乐: Playa Silencio - Dave Sheriff

ROCK STEPS, PAUSE

- Rock forward on to right foot, rock back on left foot, step right foot next to left, pause 1-4
- 5-8 Rock back on to left foot, rock forward on right foot, step left foot next to right, pause

RIGHT GRAPEVINE WITH 1/4 TURN RIGHT

9-12 Step right to right side, cross left behind right, step right to right side, scuff left foot forward and at same time turn 1/4 turn left

STEP, SLIDE, STEP, PAUSE

13-16 Left foot step forward, slide right up to left, left foot step forward, pause

ROLLING STEPS

- 17-19 Right leg swinging out to side (making circular movement) crossing in front of left, step on right foot on beat 17, repeat rolling step with left leg crossing in front of right and stepping on left on beat 19
- 20 Make a ¹/₂ turn to left on left foot

STEP, SLIDE, STEP, PAUSE

21-24 Right foot step forward, slide left foot up to right, right foot step forward, pause

ROLLING STEPS

25-28 Left leg swinging out to side (making circular movement) crossing in front of right, step on left on beat 25, repeat rolling step with right leg crossing in front of left and stepping on right on beat 27, pause

STEP BACK, ¼ TURN RIGHT, PAUSE

Left foot step back, make 1/4 turn right with two small steps on right, left, pause 29-32

REPEAT





墙数: 2