

Rolling Mist

拍数: 42 墙数: 2 级数: Intermediate
编舞者: Ernie (Hutch) Hutchinson (USA)
音乐: Mull Of Kintyre - Paul & Linda McCartney



FORWARD, ½ LEFT, BACK - CROSS, BACK, ½ RIGHT

1-2-3 Step left forward into ½ turn left, step right back, step left back
4-5-6 Cross right over left, step left back into ½ turn right, step right forward

FORWARD, BACK, ½ LEFT - FORWARD, LOCK, FORWARD

1-2-3 Step left forward, step right back, turn ½ left stepping left forward
4-5-6 Step right forward, step left forward to outside of right, step right forward

FORWARD, ½ RIGHT, FORWARD - FORWARD, ½ LEFT, FORWARD

1-2-3 Step left forward, turn ½ right, step left forward
4-5-6 Step right forward, turn ½ left, step right forward

½ RIGHT, ½ RIGHT, FORWARD - ½ LEFT, ½ LEFT, FORWARD

1-2-3 Step left forward into ½ turn right, step right back into ½ turn right, step left forward
4-5-6 Step right forward into ½ turn left, step left back into ½ turn left, step right forward

FORWARD, ¼ RIGHT, CROSS - ¼ LEFT, BACK, CROSS

1-2-3 Step left forward, step right back into ¼ turn right (weight right), cross left over right
4-5-6 Side step right into ¼ turn left, step left back, cross right over left

SIDE, BEHIND, SIDE - CROSS, SIDE, ¼ RIGHT

1-2-3 Side step left, step right behind left, side step left
4-5-6 Cross right over left, side step left, side step right into ¼ turn right

FORWARD LEFT-RIGHT-LEFT - FORWARD ¼ RIGHT, ¼ RIGHT, ¼ RIGHT

1-2-3 Step left forward, step right forward, step left forward
4-5-6 Step right forward into ¼ turn right, side step left into ¼ turn right, step right back into ¼ turn right

Under-rotate on count 6 and square up on front wall in preparation for beginning again

REPEAT

TAG

Add the following 3 counts after the 2nd and 5th repetitions (facing front wall both times)

1-2-3 Cross left over right, slowly unwind ½ right, weight right