

# Rollin Down

拍数: 64      墙数: 4      级数: Intermediate  
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音乐: Cold Hearted - Clay Walker



## TOE, TOE, TURN, KNEES OUT & IN, KICK BALL CHANGE, STEP & PIVOT

1-2      Touch right toe forward, touch left toe forward  
3      Turn ¼ to right  
&4      Bring knees out and in  
5&6      Right kick ball change  
7-8      Step forward on right, turn ½ to left

## SIDE SHUFFLE WITH ¼ TURN, BACK ROCK STEP, STEP TOGETHER/ROLLING HIPPS

9&10      Shuffle right, left, right as you turn ¼ to left

**These shuffle as moving, you are now at the back wall**

11-12      Rock back left, forward right

13-16      Step left to left side, slide right home, step left to left side, slide right home

**These steps are done with a rolling of your hips**

17-32      Repeat steps 1-16. It will bring you back to your original wall

## CROSS AND TOUCHES WITH CLAPS

1-2      Cross right over left and touch your left toe left side & clap  
3-4      Cross left over right and touch your right toe right side & clap 2x's  
5-6      Cross right behind left and touch your left toe left side & clap  
7-8      Cross left behind right and touch your right toe right side & clap 2x's

## BACK ROCK STEP, CROSS & UNWIND, SHUFFLE LEFT, RIGHT, LEFT, KICK RIGHT 2X

1-2      Rock back right, forward left  
3-4      Cross right over left, unwind ½ turn to left  
5-6      Shuffle slightly back left, right, left  
7-8      Kick right foot forward 2x's

## SYNCOPATED CROSES, KNEE IN, KNEE OUT WITH ¼ TURN, FORWARD SHUFFLE LEFT-RIGHT-LEFT

&1-2      Step back right, cross left over right, step right to right side  
&3-4      Step back left, cross right over left, touch left to left side  
5-6      Bring left knee in towards right knee, bring left knee to left as you turn ¼ to left  
**You are now facing wall right of start**  
7&8      Shuffle forward left, right, left

## CENTIPEDE RIGHT, LEFT CENTIPEDE, BODY ROLLS

1-2      Right centipede (bring right foot up to left)  
3-4      Left centipede  
5-8      Roll your body or hips for 4 beats

**REPEAT**