

# Rollercoaster

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Chris Langthorne (UK)  
音乐: Life Is a Rollercoaster - Ronan Keating



## **SIDE BEHIND CHASSE, CROSS UNWIND CROSS SHUFFLE**

1-2            Step right to right side, step left behind right  
3&4           Step right to right side, close left, step right to right  
5-6           Cross left over right, unwind half turn  
7&8           Cross shuffle left over right  
9-16          Repeat counts above

## **SIDE ROCK REVERSE PIVOT SHUFFLE PIVOT TURN**

17-18          Rock right to right side, weight back on left  
19-20          Step right behind, on ball of left foot, pivot ½ turn over right shoulder  
21&22          Left shuffle forward  
23-24          Step right forward, pivot ½ turn over left shoulder

## **ROCK FORWARD AND BACK COASTER STEP TWICE**

25-26          Rock right foot forward, back onto left  
27&28          Back right, back left, forward right  
29-30          Rock left foot forward, back onto right  
31&32          Back left, back right, forward left

## **KICK STEP POINTS REVERSE PIVOT**

33&34          Kick right forward, step forward with right foot, point left to left side  
35&36          Repeat steps 33 & 34 on left  
37&38          Repeat steps 33 & 34  
39-40          Step left behind, pivot ½ turn on ball of right foot, over left shoulder, taking weight onto left

## **STEP CLOSE LOCK STEP ROCK FORWARD BACK LOCK STEP**

41-42          Step right forward, close left behind right  
43&44          Step right forward, step left behind right, step right forward  
45-46          Rock forward onto left, back onto right  
47&48          Step back left, cross right over left, step back left

## **SIDE ROCK SAILOR STEP CROSS ROCK ¼ SHUFFLE TURN**

49-50          Rock right foot to right side, rock back onto left  
51&52          Cross step right behind left, step left next to right, right next to left  
53-54          Cross rock left over right, rock back onto right  
55&56          Step left to left side, right behind left, step left ¼ turn left

## **STEP STEP APPLE JACK STEP STEP APPLE JACK**

57-58          Step right forward, step left forward  
&              With weight on right heel and left toe, swivel right  
59              Return feet to center  
&              With weight on left heel and right toe, swivel left  
60              Return feet to center  
61-64          Repeat above four counts

**REPEAT**

