

Rollercoaster

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Danny Beesley (UK)
音乐: Life Is a Rollercoaster - Ronan Keating



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| 1-4 | Left heel toe twists & clap |
| 5-8 | Right heel toe twists & clap |
| 1-4 | Left heel & cross twice |
| 5-6 | Kick left forward, kick left to side |
| 7&8 | Left coaster |
| 1-4 | Right heel & cross twice |
| 5-6 | Kick right forward, kick right to side |
| 7&8 | Right coaster turn ($\frac{1}{4}$ to right) |
| 1-4 | Left & right toe struts |
| 5-6 | Side rock left, side rock right |
| 7&8 | Left sailor step |
| 1-4 | Right & left toe struts |
| 5-6 | Side rock right, side rock left |
| 7&8 | Right sailor step |
| 1-2 | Step left, $\frac{1}{2}$ turn to left |
| 3&4 | Left shuffle |
| 5-8 | $\frac{1}{2}$ Monterey turn (to right) |
| 1-2 | Stomp right foot, kick left foot |
| 3&4 | Left coaster step |
| 5-6 | Step right $\frac{1}{2}$ turn left |
| 7-8 | Step right $\frac{1}{4}$ turn left |
| 1&2 | Cross shuffle to the left |
| 3-4 | Left rock then right rock |
| 5&6 | Cross shuffle to the right |
| 7-8 | Rock right, stomp left |

REPEAT
