# Rollercoaster



拍数: 32 墙数: 4 级数: Improver

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音乐: Life Is a Rollercoaster - Ronan Keating



#### TOUCH HOOK, SHUFFLE, TOUCH KICK, SHUFFLE

1-2 Touch right toe forward, hook right across left leg

3&4 Shuffle forward right, left, right

5-6 Touch left toe behind right, kick left leg out to left side

7&8 Shuffle forward left, right, left

# 1/2 PIVOT, SHUFFLE FORWARD, SWEEP, ROCK BEHIND

9-10 Step forward right, step on left turning ½ turn to left

11&12 Shuffle forward right, left right

13-14 Sweep left foot around from left to right, turning ½ turn to right 15&16 Rock behind with right, step left in place, tap right beside left

### SYNCOPATED SHUFFLE, HOLD, ROCK BEHIND, BODY ROLL

17&18 Step right to right side, step left to right, step right to right side

&19-20 Step left to right, step right to right side, hold

21&22 Rock behind with left, step right in place, step left to left side

23-24 With feet apart full body roll to the left

### KICK & TOUCH TWICE (TRAVELING), SCUFF, CROSS, BEHIND 1/4 TURN RIGHT

25&26 Kick left to left side, step left to left side, touch right next to left

27&28 Repeat as above

29-30 Scuff right, cross right over left

31&32 Step back on left, step right ¼ turn to right, touch left to right

#### **REPEAT**

#### **TAG**

## After 9th wall

## 4 X MAMBO ROCK STEPS:

Rock right to right side, left in place, step right next to left Rock left to left side, right in place, step left next to right

5&6-7&8 Repeat as above