

# Rollercoaster

拍数: 64      墙数: 2      级数: Improver  
编舞者: Michael Vera-Lobos (AUS)  
音乐: Life Is a Rollercoaster - Ronan Keating



## SIDE SHUFFLE RIGHT, CROSS OVER FULL TURN, SIDE, BEHIND, BALL ¼, ½ TURN

- 1&2-3-4      Side shuffle right stepping right-left-right, cross left over right, unwind full turn right (end weight right)  
5-6&7-8      Step side left, cross right behind left, step onto ball of left, turning ¼ turn left step forward right, pivot ½ turn left

## STEP FORWARD, TAP, BALL STEP, SCUFF, SHUFFLE, STEP FORWARD, ½ PIVOT

- 1-2&3-4      Step forward right, tap left beside right, ball step (step back left pushing forward on right), scuff left forward  
5&6-7-8      Shuffle forward left stepping left-right-left, step forward on right pivot ½ turn left (end weight on left)

## DOROTHY RIGHT & LEFT, HIP RIGHT FORWARD, CENTER, HIP BACK, CENTER

- 1-2&      Step right 45 degrees right, lock left behind right, step right 45 degrees right  
3-4&      Step left 45 degrees left, lock right behind left, step left 45 degrees left  
5-6-7-8      Step forward on right 45 degrees right pushing hip forward, rock weight back to left, step back on right 45 degrees right pushing hip back, rock weight back to left

## STEP FORWARD, ¼ TURN, CROSS SHUFFLE, ¼, ½, FULL TRIPLE

- 1-2-3&4      Step forward right pivot ¼ turn left, cross shuffle right over left stepping right-left-right  
5-6-7&8      Step back on left turning ¼ turn right, step back right turning ½ turn right, traveling forward turn full turn right stepping left-right-left

## ROCK FORWARD, ROCK BACK, ½ SHUFFLE, ½ SHUFFLE, TOUCH BACK ½ TURN

- 1-2-3&4      Rock forward right, rock back on left, turning ½ turn right shuffle right stepping right-left-right  
5&6-7-8      Turning ½ turn right shuffle left stepping left-right-left, touch right toe back, pivot ½ turn right (end weight left)

## ROCK BACK, ROCK FORWARD, ROCK FORWARD, ROCK BACK, TOUCH BACK, ½ PIVOT RIGHT COASTER

- 1-2-3-4      Rock back on right, rock forward on left, rock forward on right rock back on left  
5-6      Touch right toe back, pivot ½ turn right (end weight left)  
7&8      Right coaster - step back on right, step left beside right, step forward on right foot

## DOROTHY LEFT & RIGHT, HIP LEFT FORWARD, CENTER, HIP BACK, CENTER

- 1-2&      Step left 45 degrees left, lock right behind left, step left 45 degrees left  
3-4&      Step right 45 degrees right, lock left behind right, step right 45 degrees right  
5-6-7-8      Step forward on left 45 degrees left pushing hip forward, rock weight back to right, step back on left 45 degrees left pushing hip back, rock weight back to right

## STEP FORWARD, ¼, BEHIND, SIDE, CROSS, SIDE ROCK, CENTER, BEHIND, SIDE, TAP

- 1-2-3&4      Step forward left, pivot ¼ turn right, cross left behind right, step right to right, cross left over right  
5-6-7&8      Rock right to right, rock weight back to left, cross right behind left, step left to left, tap right beside left

REPEAT

