

# Roll On

拍数: 48      墙数: 4      级数:  
编舞者: Tracie Lee (AUS)  
音乐: Keep Me Rocking - Shanley Del



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- 1-4      Touch right toe to right side, step right beside left turning  $\frac{1}{2}$  turn right, touch left toe to left side, step left beside right (Monterey turn)  
5&6      Kick right, ball change right, left  
7-8      Step forward on right, pivot  $\frac{1}{2}$  turn left taking weight on left
- 1&2      Shuffle forward right-left-right (this can be done as a full turn left for variation)  
3&4      Shuffle forward left-right-left  
5-6      Step right heel forward at 45 degrees right, step left heel forward at 45 degrees left  
7-8      Step right back to center, step left back to center
- 1-4      Twist both heels out, twist both toes out twist both toe in, twist both heels in  
5&6      Shuffle to right side right-left-right  
7-8      Kick left foot across right leg twice
- 1-4      Step left to left side & slightly back, step right across in front of left, step left to left side, tap right beside left  
5-6      Step right forward at 45 degrees right bumping hips right, hold  
7-8      Bump hips left, bump hips right taking weight to right foot
- 1-2      Step forward on left, pivot  $\frac{1}{2}$  turn right taking weight to right foot  
3-4      Step forward on ball of left, drop left heel to floor  
5-6      Stomp right beside left, kick right forward at 45 degrees right  
7-8      Step right forward in front of left, pivot  $\frac{1}{4}$  turn left taking weight to left foot
- 1-4      Step right heel forward, drop right toes to floor, step left heel forward, drop left toes to floor  
5-8      Step ball of right forward, drop right heel, step ball of left forward, drop left heel

**REPEAT**

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