

Rodeo Romeo

拍数: 32 墙数: 0 级数:
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音乐: 5,6,7,8 - Steps



STEP, LOCK, SCOOT, SCOOT, STEP, LOCK, STOMP, STOMP

- 1 Step left foot forward
- 2 Step right foot forward in behind left (lock step)
- 3-4 Scoot forward twice on right foot while kicking left forward twice
- 5 Step left foot forward
- 6 Step right foot forward in behind left (lock step)
- 7 Stomp left foot forward
- 8 Stomp right foot directly in front of left

HEELS RIGHT, CENTER, LEFT, CENTER, BOUNCE, BOUNCE, BOUNCE, BOUNCE

- 1 Swing both heels right
- 2 Swing both heels center
- 3 Swing both heels left
- 4 Swing both heels center
- 5-8 Bounce on both heels 4 times while turning $\frac{1}{4}$ to the left

Variation:

- 1-4 Swing both heels out, in, out, in)

CROSS, STEP, SAILOR STEP, CROSS, STEP, SAILOR STEP

- 1 Step right foot over left
- 2 Step left to the left
- 3&4 Step right behind left, step left to the left, step right in place (sailor)
- 5 Step left foot over right
- 6 Step right foot to the right
- 7&8 Step left behind right, step right to the right, step left in place (sailor)

SHUFFLE FORWARD, STEP, PIVOT, ROCK, STEP, ROCK, STEP

- 1&2 Step right foot forward, step left beside right, step right foot forward
- 3 Step left foot forward
- 4 Turn pivot to right (change weight to the right)
- 5 Keeping right foot in place, rock forward onto left foot at 45 degree left
- 6 Recover weight back onto the right foot
- 7 Keeping right foot in place, rock back onto the left foot at 45 degree left
- 8 Recover weight back onto the right foot

When doing rock steps, swing your hips left, right, left, right

REPEAT