

Rodeo Rock

拍数: 64 墙数: 4 级数:
编舞者: Linda Hicks
音乐: Rodeo Rock - Jimmy Collins



FORWARD SHUFFLES, FUNKY TWISTS

1&2 Shuffle forward (right-left-right)
3&4 Shuffle forward (left-right-left)
5 Step on right foot
& Raise left foot slightly off of floor and swivel heels to the right
6 Step on left foot
& Raise right foot slightly off of floor and swivel heels to the left
7& Repeat beats 5&
8& Repeat beats 6&

BACKWARD SHUFFLES, FUNKY TWISTS

9&10 Shuffle backward (right-left-right)
11&12 Shuffle backward (left-right-left)
13-16& Repeat beats 5 through 8&

SIDE STEP-SLIDES

17 Step to the right on right foot
18 Slide left foot over next to right
19-20 Repeat beats 17 and 18 (weight remains on right foot on beat 20)
21 Step to the left on left foot
22 Slide right foot over next to left
23-24 Repeat beats 21 and 22 (weight remains on left foot on beat 24)

FORWARD SHUFFLE, TURN, ROCK STEPS

25&26 Shuffle forward (right-left-right)
27&28 Shuffle forward (left-right-left) making a ½ turn to the right on these steps
29 Step back on right foot
30 Rock forward on left foot
31-36 Repeat beats 25 through 30

STEP-SLIDES FORWARD, HOOK & SPIN, HIP PUSH

37 Step forward on right foot
38 Slide left foot up behind right
39-40 Repeat beats 37 and 38
41 Step forward on right foot
42 Hook left leg across right knee as you begin a ¾ spin to the right
43 Complete ¾ to the right spin
44 Step down on left foot and push hips to the left

HIP BUMPS

45-46 Bump hips to the right twice
47-48 Bump hips to the left twice
49 Bump hips to the right
50 Bump hips to the left
51-52 Repeat beats 49 and 50

ROCKING CHAIR

- 53 Step forward on right foot
- 54 Rock back on left foot
- 55 Step back on right foot
- 56 Rock forward on left foot
- 57-60 Repeat beats 53 through 56

TOUCH & CROSS STEPS

- 61 Touch right toes to the right
- 62 Cross right foot over left and step
- 63 Touch left toes to the left
- 64 Cross left foot over right and step

REPEAT

Alternative steps:

- 5-8& Putting weight on balls of both feet, swivel heels to the right, left, right, left
 - 13-16& Putting weight on balls of both feet, swivel heels to the right, left, right, left
 - 41 Step forward on right foot
 - 42 Pivot $\frac{1}{4}$ turn to the left and shift weight to left foot
 - 43 Step right foot next to left
 - 44 Step down on left foot and push hips to the left
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