Rodeo Rampage



拍数: 48 墙数: 1 级数: contra dance

编舞者: Parry Spence (USA)

音乐: Rodeo Man - Ronna Reeves



STEP, SCUFF, HITCH ROCK

Step forward on right foot
 Scuff left heel on floor
 Hitch left knee up

3 Rock forward on left foot (2 o'clock to the right)

ROCK STEP, TOGETHER, HEELS/CENTER

4 Rock back on right foot

5 Step back to beginning direction on left foot

6 Step beside left on right foot

7-8 Swivel heels (together) to right, then center

REPEAT ON OPPOSITE SIDE

9-12 Repeat steps 1-8, beginning on left foot, end with swivel to left, then center

RIGHT ROCK, LEFT ROCK, RIGHT ROCK, LEFT ROCK

Look in direction of toe touch!

1-2 Right toe touches side (rock hips & shoulders) (look right)
3-4 Switch to left toe, touch side (rock hips & shoulders) (look left)
5-6 Right toe touches side (rock hips & shoulders) (look right)
7-8 Left toe touches side (rock hips & shoulders (look left)

Monterey turns may be substituted, hold to left on count 8

HEEL, HEEL, TOUCH, CROSS

1-2 Left heel tap crossing over right (2 times)

3 Touch left toe out to left side

4 Step down on left foot, crossing over right foot, touch right toe out to right side,

5-6 Then drag toe on floor back to left foot 7-8 Stomp right foot next to left (2 times)

STEP, CLAP/TURN X 4

1 Step forward on right foot

2 ½ turn, pivot left (clap!) (clap on counts 2, 4, 6 & 8)

3 Step forward on right foot
4 ¼ turn, pivot left (clap!)
5 Step forward on right foot
6 ¼ turn, pivot left (clap!)
7 Step forward on right foot
8 ¼ turn, pivot left (clap!)

Completing one full, 4-wall rotation

FINALE - LADY

STEP, TURN, STEP, TURN

1 Step forward on right foot ½ turn pivot to left on left foot

2 Flip hands out at wrists with hips as you pivot to turn (sassy!)

3 Step forward on right foot

4	Repeat ½ turn with hands (facing original direction/beginning wall) right toe steps forward
	with hip, right

5 Hand brushes downward on hip, heel swivels out (10 o'clock)

6 Brush hand upward, heel swivels in

7-8 Quick brushes of hand on hip as heel swivels in/out

Come back to wall 1 facing man

FINALE - MAN

LOOK RIGHT, LEFT, BRUSH, BRUSH, HEEL PIVOTS

Stand with arms crossed, feet shoulder width apart (STRONG STANCE)

1-2 Right leg, knee/heel bounce - look to the right side

3-4 Left leg, knee/heel bounce - look to the left side (looks great with hats on!)
 5 Brush with right hand, "rodeo dirt" off of right pant leg (brush downward)

6 Brush with left hand, left leg

7-8 Heels swivel right, left, right, as hands "brush off dirt" palm to hands brush, palm brush, brush

REPEAT