

Rocky Top Stomp

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Dawn Freel & Frankie "Bubba" Jones (USA)
音乐: Rocky Top - Madonna Tassi



SYNCOPATED VINE

1-2 Step right to right, then step left behind right
&3-4& Step right, cross left over right, then step right to right side

TRIPLE STEP

5&6 Triple step left, right, left

KICK & HEEL WITH ¾ TURN

7&8 Kick right forward, bring back together, take left heel forward
&9-10 Touch right toe behind left, on ball of both feet turn ¾ turn right

Weight ending on left

SYNCOPATED VINE

11-12 Repeat steps 1-2
&13-14 Repeat steps &3-4

TRIPLE STEP

15&16 Triple step left right left

KICK & HEEL WITH ¾ TURN

17&18 Repeat steps 7&8
&19-20 Repeat steps &9-10

TOE TOUCHES & SWITCHES

21-22 Touch right toe to right side, then step right next to left
23-24 Touch left toe to left side, then step left next to right
25&26& Touch right toe to right side & switch to left toe to left side & bring left back to center

HEEL SWITCHES

27&28 Touch right heel forward (& bring right back to center), switch left heel forward
&29&30& Count step forward on left then touch right behind left, & count step back on right, touch left heel forward
&31&32 Repeat steps &29&30

STEP ¼ TURNS (3)

33-34 Step ¼ turn left on left, hitch right knee up
35-36 Step ¼ turn left on right, hitch left knee up
37-38 Step ¼ turn left on left, touch right toe, next to left

BUMPS

39 Bump right hip to right (changing weight to right)
40 Bump left hip to left (changing weight to left)

REPEAT