

Rocky Mountain Rocket

COPPER KNOB
STEPPERS

拍数: 40 墙数: 4 级数:
编舞者: Gail Smith (USA)
音乐: 455 Rocket - Kathy Mattea



CHARLESTONS

1-2 Right step forward, left kick forward & clap
3-4 Left step back, right toe touch back & clap
& Keep feet in place - pivot ½ turn right
5-6 Right step in place, left kick forward & clap
7-8 Left step back, right toe touch back & clap

SYNCOPATED VINE RIGHT, MONTEREY TURN, HEEL-STEP-TOUCH

9-10 Right step to side, left step crossed behind right foot
&11 Right step to side, left step crossed over right foot
&12 Right step to side, left step crossed behind right foot

13-14 Right toe touch out to side, on ball of left foot - pivot ½ turn right and step right foot next to left foot
15&16 Left heel touch forward, & left step back to center position, right toe touch in place

SIDE TOUCHES, KICKS

17& Right toe touch out to side, & right step to center position
18& Left toe touch out to side, & left step to center position
19-20 Right kick forward two times

HEEL JACK, SYNCOPATED VINE LEFT

&21 Right step back, left heel touch forward (toe up)
&22 Left step to center, right step crossed over left foot
&23 Left step to side, right step crossed behind left foot
&24 Left step to side, right stomp next to left foot

SWIVEL WALKS

25-26 Swivel heels to right, swivel toes to right
27&28 Swivel heels to right, swivel toes to right, swivel heels to right
29-30 Swivel heels to left, swivel toes to left
31&32 Swivel heels to left, swivel toes to left, swivel heels to left

KICK-BALL-CHANGES, ¼ PIVOT, KICK-BALL-CHANGE

33&34 Right kick forward, & on ball of right foot - step next to left foot, left step in place
35&36 Right kick forward, & on ball of right foot - step next to left foot, left step in place
37-38 Right toe step forward, pivot ¼ turn left (weight on left foot)
39&40 Right kick forward, & on ball of right foot - step next to left foot, left step in place

REPEAT
