Rockslide

拍数: 32

级数: Improver

编舞者: Knox Rhine (USA)

音乐: If She Don't Love You - The Buffalo Club

墙数:4

FORWARD, ROCK BACK, SIDE-TOGETHER-SIDE

- 1 Step forward with left foot,
- 2 Rock back onto right foot
- 3 Step to left side with left foot
- & Slide right foot next to left foot
- 4 Step to left side with left foot

BACK, ROCK FORWARD, SIDE-TOGETHER-SIDE

- 5 Step backward with right foot,
- 6 Rock forward onto left foot
- 7 Step to right side with right foot
- & Slide left foot next to right foot
- 8 Step to right side with right foot

DOUBLE RIGHT PIVOT TURN

- 9 Touch left toe forward
- 10 Pivot ½ turn right on ball of right foot
- 11 Touch left toe forward
- 12 Pivot ¹/₂ turn right on ball of right foot

UP-UP, HOLD, IN-IN, CLAP

- & Step forward with left foot
- 13 Step shoulder width apart with right foot. Hold both arms up in a "v" shape
- 14 Hold position
- & Step to center with left foot
- 15 Step together with right foot
- 16 Clap hands at chest level

SLIDE TURN LEFT

- 17 Step to left side with left foot
- 18 Touch right toe next to left foot
- & Pivot ¹/₂ turn right on ball off left foot
- 19 Step to right side with right foot
- 20 Touch left toe next to right foot

KICK-BALL-CHANGE

- 21 Kick left foot forward
- & Step in place with ball of left foot
- 22 Step in place with right foot

SLIDE TURN LEFT

- 23 Step to left side with left foot
- 24 Touch right toe next to left foot
- & Pivot 1/2 turn right on ball off left foot
- 25 Step to right side with right foot
- 26 Touch left toe next to right foot





级数

KICK-BALL-CHANGE

- 27 Kick left foot forward
- & Step in place with ball of left foot
- 28 Step in place with right foot

FORWARD, APART, TWIST, TURN-CLOSE/CLAP

- 29 Step forward with left foot, raise left hand to ear level, palm forward
- 30 Step should width apart with right foot, raise right hand to ear level, palm forward
- 31 Twist upper body ¼ turn left
- & Step ¼ turn left with left foot
- 32 Step together with right foot next to left foot/ clap hands at chest level

REPEAT