

Rockin' The House

拍数: 52 墙数: 4 级数: Intermediate
编舞者: Max Perry (USA)
音乐: If the House Is Rockin' - Lee Roy Parnell



Start dance almost immediately! At the start of the music is the phrase, 'Hello Baby, I'm Glad You Called'. On the word 'Called' say '6,7,8'. You start dancing on the word 'Party'.

TOE-HEEL, CROSS, CLAP

1-4 Touch right toe to left instep, touch right heel to right side, cross right over left, clap
5-8 Touch left toe to right instep, touch left heel to left side, cross left over right, clap

DIAGONAL KICKS FORWARD, STEP BACK

1-2 Kick right leg diagonally forward toward right, step right back
3-4 Kick left leg diagonally forward toward left, step left back
5-6 Kick right leg diagonally forward toward right, step right back
7-8 Kick left leg diagonally forward toward left, step left back

2 FORWARD SHUFFLES, 2 HALF TURNS LEFT

1&2 Right shuffle forward (right, left, right)
3&4 Left shuffle forward (left, right, left)
5-8 Step right forward & turn ½ left, step in place left, step right forward & turn ½ left, step in place left

STEP & SLIDE TO RIGHT, THEN TO LEFT

1-4 Step side right with right foot (large step), slide left foot to right foot over counts 2-4
5-8 Step side left with left foot (large step), slide right foot to left foot over counts 2-4

You could also dance the above section as a hop/hitch & slide to the right, then left counted as &1-2-3-4&5-6-7-8

STEP BACK THREE, TOUCH & CLAP

1-4 Step right back, step left back, step right back, touch left together & clap

WALK FORWARD, TURN ¼ LEFT, STOMP TOGETHER

5-8 Walk forward left, walk forward right, step left forward & turn ¼ left, stomp together right

3 SETS OF FOOT BOOGIES

1-4 Fan left toe out to left, turn left heel out to left, bring left heel in to right, bring left toe in to right
5-8 Fan right toe out to right, turn right heel out to right, bring right heel in to left, bring right toe in to left
9-12 Fan left toe out to left, turn left heel out to left, bring left heel in to right, bring left toe in to right

REPEAT