

Rockin' The Country

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Sheila Towers (UK)
音乐: Rockin' The Country - Magill



SIDE, TOGETHER, SIDE, TOGETHER, STEP, TOUCH, STEP, TOUCH

1-2 Right foot step to right side, left foot step beside right
3-4 Right foot step to right side, left foot step beside right
5-6 Left foot step to left side, touch right foot beside left
7-8 Right foot step to right side, touch left foot beside right

SIDE, TOGETHER, SIDE, TOGETHER, STEP, TOUCH, STEP, TOUCH

9-10 Left foot step to left side, right foot step beside left
11-12 Left foot step to left side, right foot step beside left
13-14 Right foot step to right side, touch left foot beside right
15-16 Left foot step to left side, step right foot beside left

JUMP FORWARD, JUMP FORWARD, STOMP, STOMP,, JUMP FORWARD, JUMP FORWARD, STOMP, STOMP

&17 Small jump forward landing right then left & clap
&18 Small jump forward landing right then left & clap
19-20 Stomp right foot beside left, stomp left foot beside right
&21 Small jump forward landing right then left
&22 Small jump forward landing right then left
23-24 Stomp right foot beside left, stomp left foot beside right

STEP, HOP X 3 (BACK) STEP, TOUCH

25-26 Right foot step back, hop on right foot & swing left foot out to left side
27-28 Left foot step back, hop on left foot & swing right foot out to right side
29-30 Right foot step back, hop on right foot & swing left foot out to left side
31-32 Left foot step beside right, touch right foot beside left

MAMBO ROCKS FORWARD, BACK, RIGHT SIDE, LEFT SIDE WITH ¼ TURN RIGHT

33&34 Right foot rock step forward, rock back on left, right foot step beside left
35&36 Left foot rock step back, rock forward on right, left foot step beside right
37&38 Right foot rock step to right side, rock onto left foot, right foot step beside left
39&40 Left foot rock step to left side, rock onto right making ¼ turn right, left foot step beside right

MAMBO ROCKS FORWARD, BACK, RIGHT SIDE, LEFT SIDE WITH ¼ TURN RIGHT

41&42 Right foot rock step forward, rock back on left, right foot step beside left
43&44 Left foot rock step back, rock forward on right, left foot step beside right
45&46 Right foot rock step to right side, rock onto left foot, right foot step beside left
47&48 Left foot rock step to left side, rock onto right making ¼ turn right, left foot step beside right

HEEL/TOE SWIVELS RIGHT & CLAP, HEEL/TOE SWIVELS LEFT & CLAP

49-50 Swivel heels right, swivel toes right
51-52 Swivel heels right, hold & clap
53-54 Swivel heel left, swivel toes left
55-56 Swivel heels left, hold & clap

MONTEREY ½ TURNS TWICE

57-58 Touch right toes to right side, make $\frac{1}{2}$ turn right on ball of left & step right foot beside left
59-60 Touch left toes to left side, left foot step beside right
61-62 Touch right toes to right side, make $\frac{1}{2}$ turn right on ball of left & step right foot beside left
63-64 Touch left toes to left side, left foot step beside right

REPEAT
