

# Rockin' Cha

COPPER KNOB  
STEPSHEETS

拍数: 55      墙数: 2      级数: Intermediate  
编舞者: Damon D'Amico (USA)  
音乐: Tropical Depression - Alan Jackson



## PREAMBLE

(Only done to initiate the dance. Does not repeat. Sets up the 4 count cha-cha.)

- 1            Side step right
- 2            Left forward
- 3            Rock back on right

## BEGIN

### LEFT SHUFFLE, ¼ TURN LEFT, FORWARD SHUFFLE

- 4&1            Side step left, slide right next to left, side step left
- 2&3            Turn ¼ to the left while stepping right forward across left, lock step behind right, step right forward

### HITCH-TURN ¼ RIGHT, TURN ¼ LEFT, ROCK STEPS

- 4            Hitch left knee while pivoting on right foot ¼ turn to the right
- 1            Step left next to right
- 2            Turn ¼ to the left while stepping forward with right across left
- 3            Rock back on left

### TURN ¼ RIGHT, RIGHT SHUFFLE, TURN ¼ RIGHT, FORWARD SHUFFLES

- 4&1            Turn ¼ to the right sidestepping with right, slide left next to right, side step with right
- 2&3            Turn ¼ to the right while stepping left forward across right, lock right behind left, left forward

### HITCH-TURN ¼ LEFT, TURN ¼ RIGHT, ROCK STEPS

- 4            Hitch right knee while pivoting on left foot ¼ turn to the left
- 1            Step right next to left
- 2            Turn ¼ to the right while stepping forward with left across right
- 3            Rock back on right

### TURN ¼ LEFT, LEFT SHUFFLE, FULL TURN LEFT

- 4&1            Side step left turning ¼ to the left, slide right together, while turning ¼ to the left step left forward
- 2            Cross right over left
- 3            Continue to turn another ¾ to the left

### RIGHT SHUFFLE, FULL TURN RIGHT

- 4&1            Side step right, slide left together, while turning ¼ to the right step right forward
- 2            Cross left over right
- 3            Continue to turn another ¾ turn to the right

### LEFT SHUFFLE, HOLD RIGHT, AND ROCK

- 4&1            Side step left, slide right next to left, side step left
- 2            Hold
- &3            Step back with right, rock step on left

### FORWARD SHUFFLE, PIVOT RIGHT

- 4&1            Right forward, left next to right, right forward

- 2 Left forward
- 3 Pivot  $\frac{1}{2}$  to the right

### **$\frac{1}{2}$ TO THE RIGHT SHUFFLE, ROCK STEPS**

- 4&1 Step left forward, while turning to the right  $\frac{1}{2}$  turn step right back together, step left back
- 2 Step right back
- 3 Rock forward on left

### **SHUFFLE $\frac{1}{2}$ TO THE LEFT, ROCK STEPS**

- 4&1 Step right forward, while turning to the left  $\frac{1}{2}$  turn step left back together, step right back
- 2 Step back on left
- 3 Rock forward on right

### **LEFT SHUFFLE, $\frac{1}{4}$ LEFT TURN, ROCK STEP**

- 4&1 Side step left, slide right together, while turning  $\frac{1}{4}$  to the left step left forward
- 2 Step right forward
- 3 Rock back on left

### **ROCK STEPS, $\frac{1}{4}$ RIGHT, SIDE SHUFFLE**

- 4 Rock forward on right
- 1 Rock back on left
- 2&3 While turning  $\frac{1}{4}$  to the right side step right, slide left together, side step right

### **$\frac{1}{4}$ RIGHT, ROCK STEPS**

- 4 While turning  $\frac{1}{4}$  to the right, step left forward
- 1 Rock back on right
- 2 Rock forward on left
- 3 Rock back on right

### **REPEAT**

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